

Fruit Trees Pruning and Training



Reasons for Pruning

Tree Structure

Forest grown tree

vs.

Open grown tree

- How do they develop on their own?

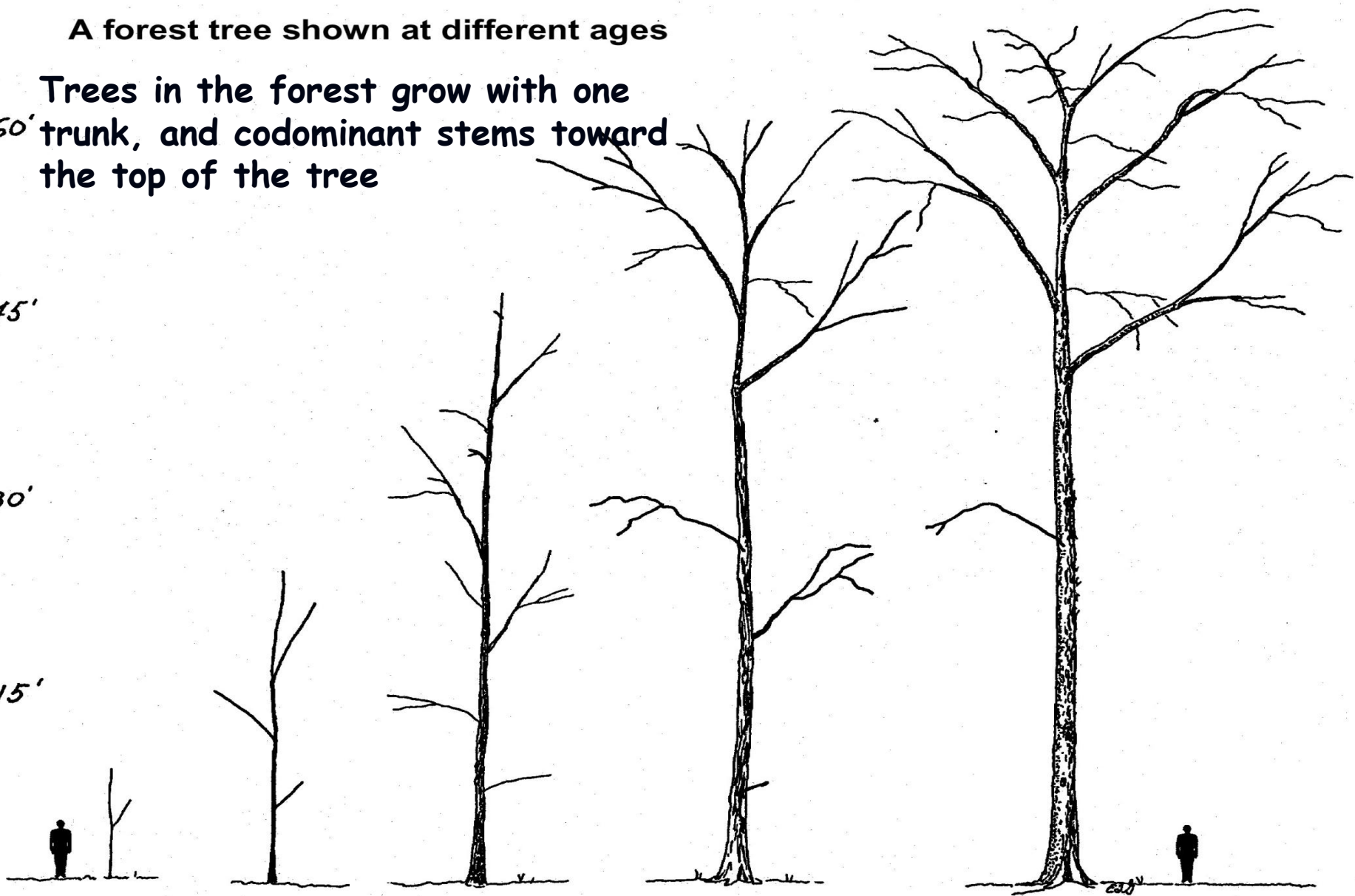
A forest tree shown at different ages

Trees in the forest grow with one
60' trunk, and codominant stems toward
the top of the tree

45'

30'

15'



Trees in the forest have to compete with their neighbors for light. As the forest trees grow, lower branches get shaded out, die, and are eventually shed from the tree leaving a clear trunk (no branches).



Codominant stems form far up into the canopy on most forest trees

Notice on these tuliptrees (*Liriodendron* sp) how the lower trunks are clear while further up in the tree, there are a number of large branches competing for the light. Branches on these trees start at about 80 feet and the trees are about 120 feet tall.

Open grown trees

- Canopy develops low on the trunk
- Canopy spreads wide
- Tree is often wider than tall

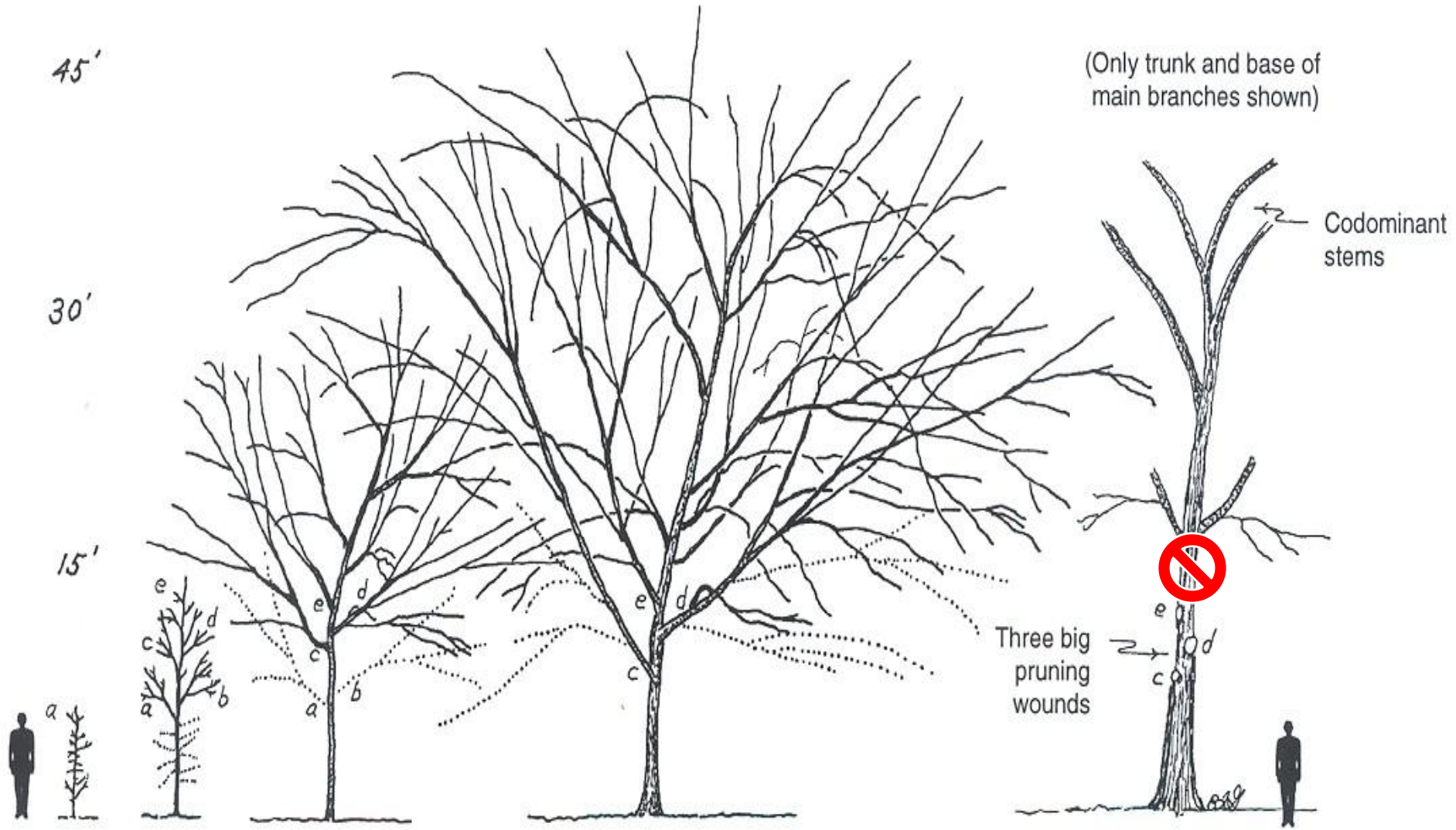




Its party
time for all

Its all about access
to sunlight

A landscape tree shown at different ages



(Only trunk and base of main branches shown)

Codominant stems

Three big pruning wounds

Nursery liner Finished nursery tree Young landscape tree Medium-aged landscape tree Medium-aged landscape tree a few years later

Reasons for Pruning

- Reduce tree size
- Control tree shape
- Make trees structurally strong



Reasons for Pruning

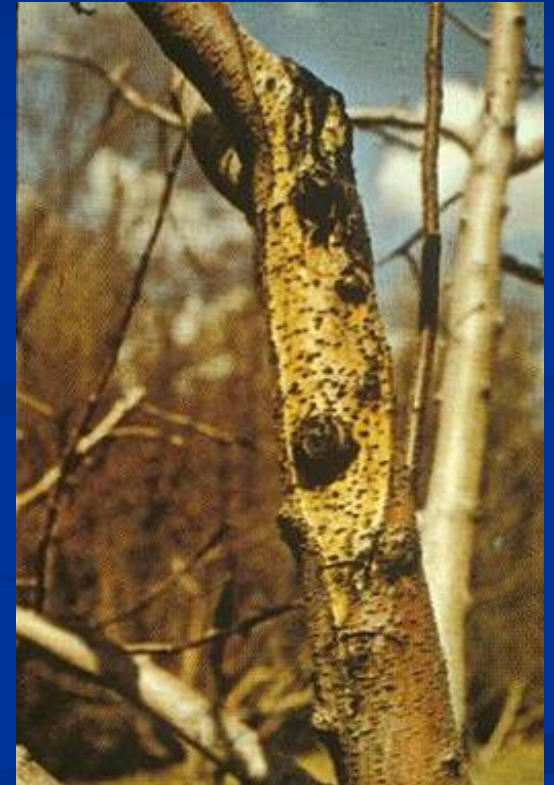


- Improve light penetration
 - Flower bud initiation
 - Fruit color
 - Pest control



Reasons for Pruning

- Removal of diseased wood
 - Fruit rot control



Reasons for Pruning

- Partially reduce crop load



- Facilitate cultural operations

Reasons for Pruning

- Keep the crop close to the ground



What happens if you do not prune?



- *Earlier fruiting*
- *Less light penetration*
- *Poor spray coverage*
- *More difficult to manage*

When to Prune

- Dormant season
- Summer pruning





- Pinching competitive laterals in young leader to keep leader growing strong

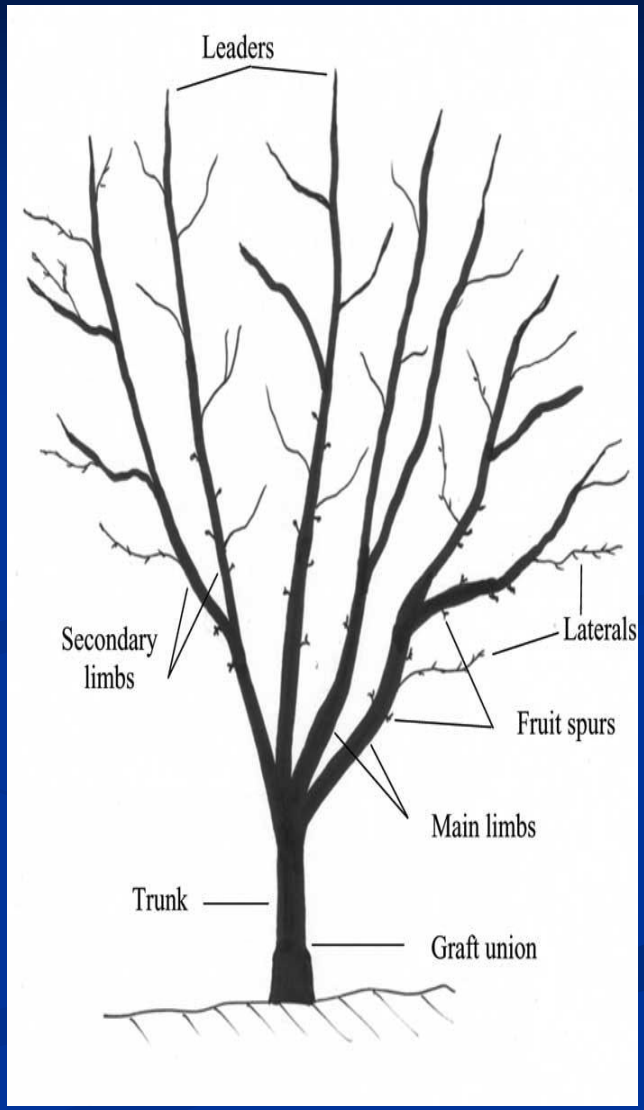
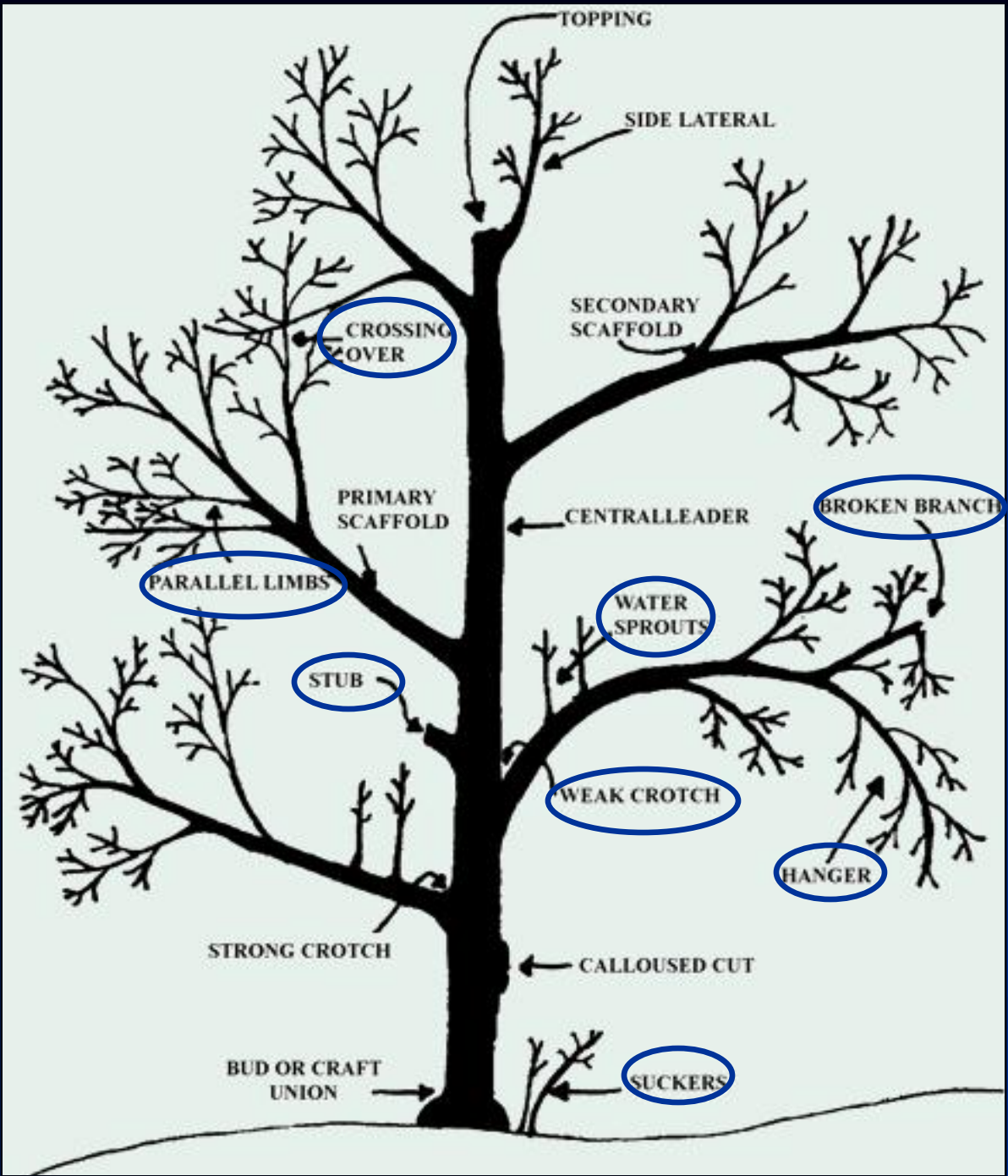


Summer pruning apples and pears allows sunlight to ripen the fruit and ensures good cropping the following year

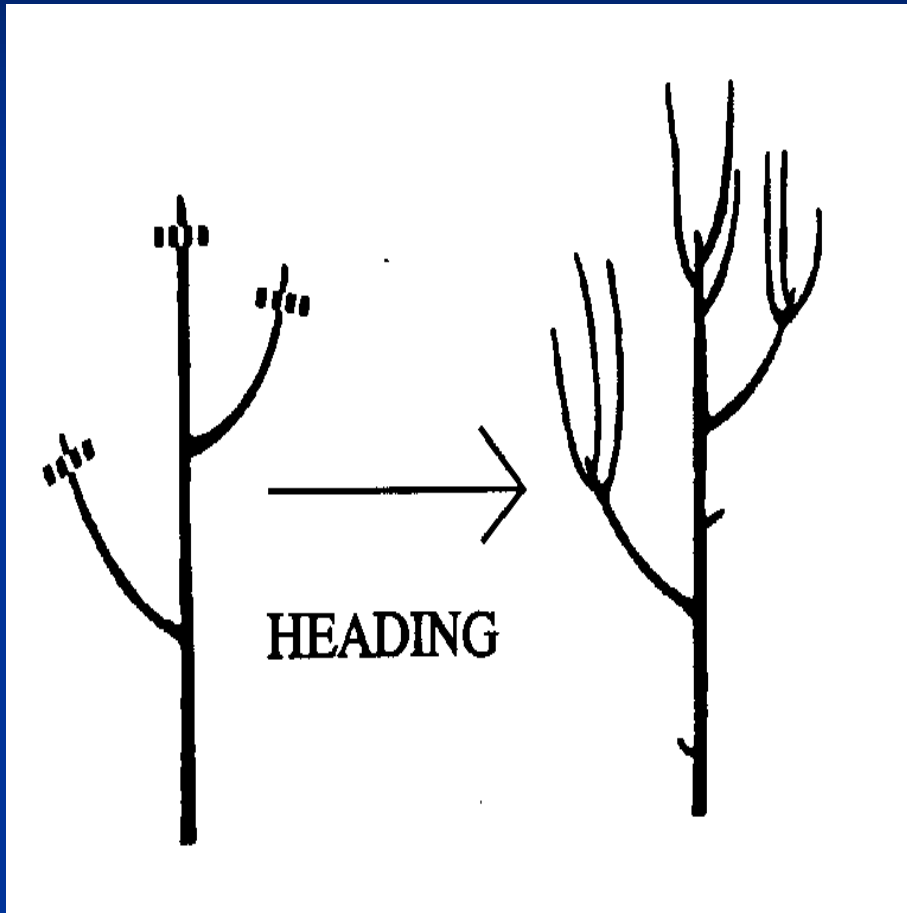
All pruning is dwarfing, but summer pruning reduces growth much more than equivalent pruning during the dormant period



Figure 26. Summer pruning. Top: section of the top of a typical vigorous tree. Note the upright growth and the shading of the fruits. Bottom: proper summer pruning. The vigorous watersprouts have been removed (a); the current season's growth has been removed from the upright branches (b); the undesirable upright, but fruiting branch has been headed back just above the cluster of fruit (c) and will be removed in the dormant pruning; and the upturned branch has been headed back to a weak lateral (d).



Types of Cuts

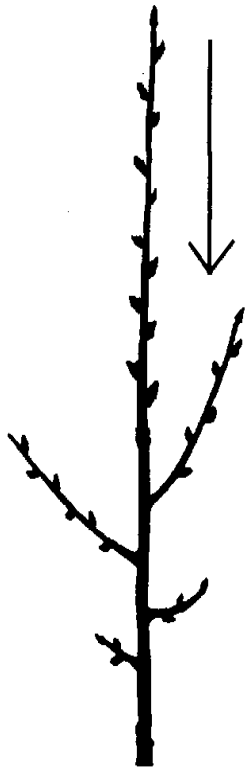


- **Heading Cut**

- *Remove part of the branch*

- *Stimulate bud break near cut*

- *Stimulate localized branching*



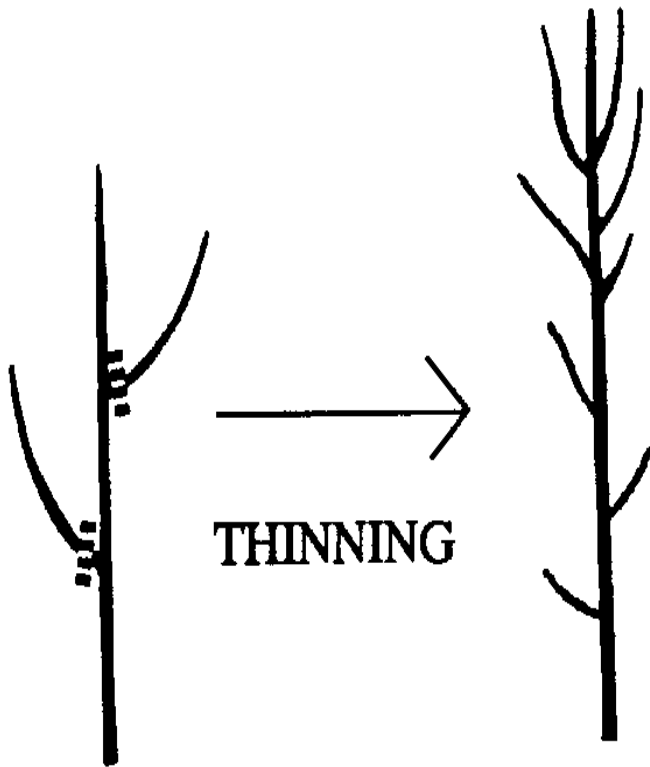
Apex or terminal bud

Hormone moves downward,
suppressing lateral buds

Lateral shoots have wide
angles and reduced growth

- Inhibits lateral bud break
- Inhibits lateral shoot growth
- Affects branch angle

Types of Cuts



- *Remove branch at point of origin*
- *Least invigorating cut*
- *Promote light penetration into canopy*

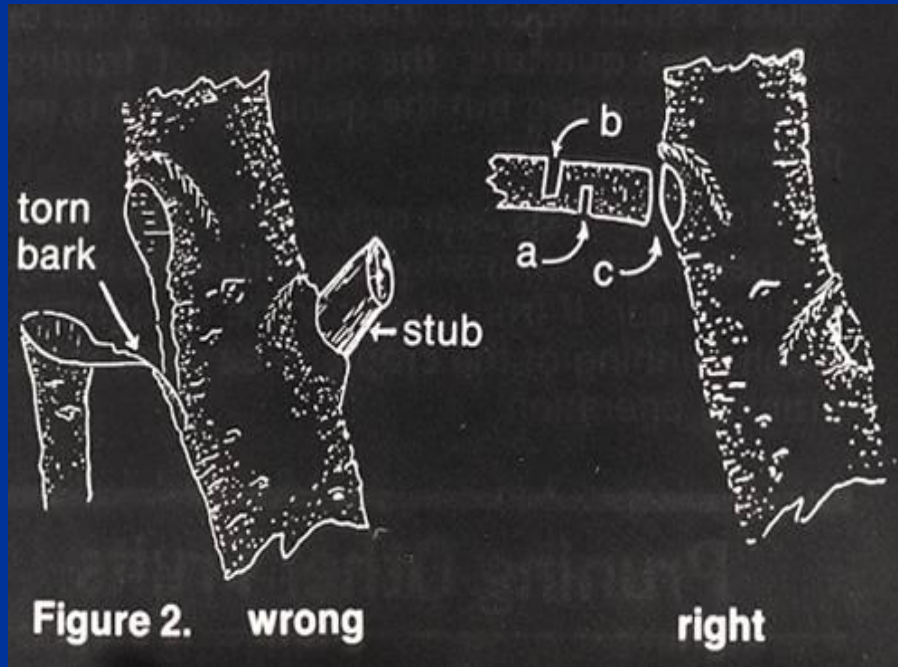
Avoid Leaving Branch Stubs



Pruning



Pruning



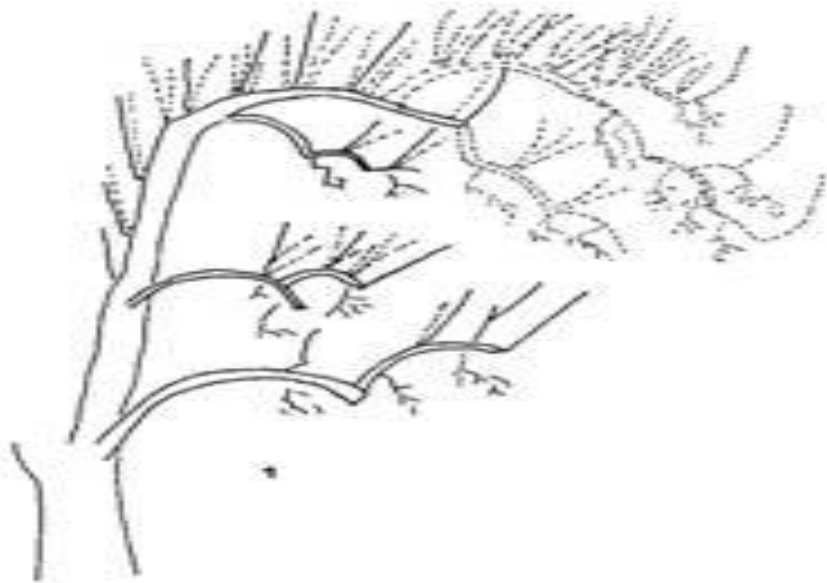
Pruning Neglected Apple Trees



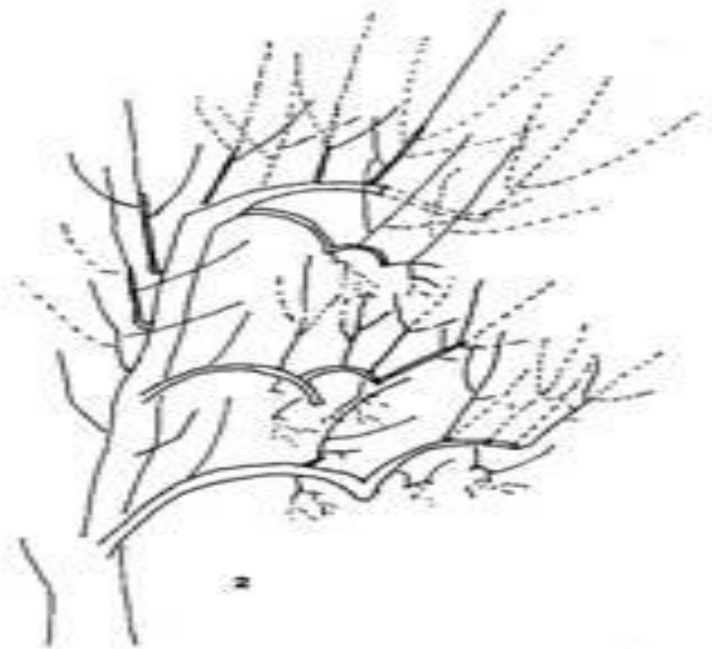
Pruning Neglected Trees



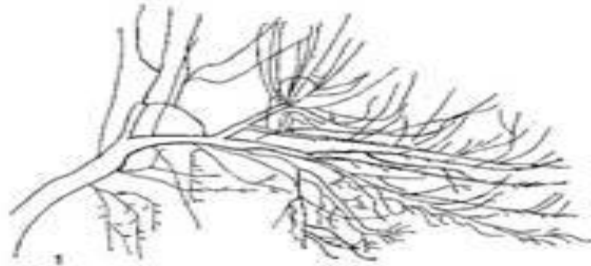
- Remove dead wood
- Reduce tree height
- Cut out 3-4 large branches
- Cut back to outward growing branches



The pruning of "umbrella-shaped trees" can be reversed gradually if they are not too old. Yield will decline temporarily during the conversion.



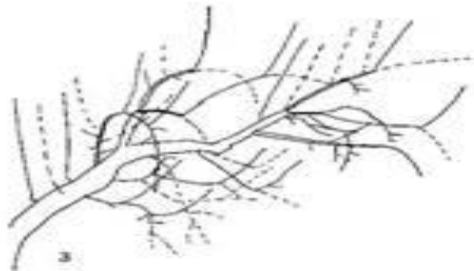
Pruning Neglected Trees



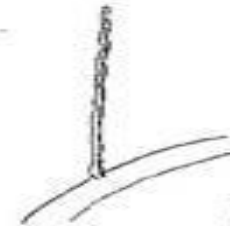
The top limbs in an old "umbrella tree" have many suckers that shade the lower portion of the tree.



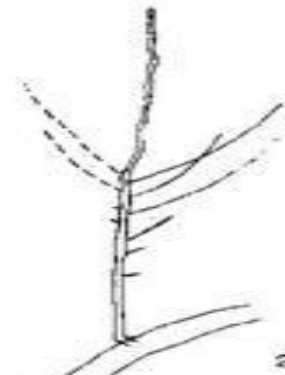
Thin the suckers and do not head those left. Remove most of the downward hanging fruiting wood in order to allow light onto the lower limbs and to prevent further spread.



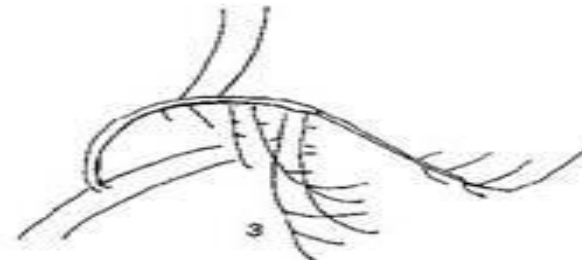
The unheaded suckers will fruit and bend over in the third year.



One-year apple shoot with no flower buds, left unheaded.



Same shoot after second season, with flower buds.

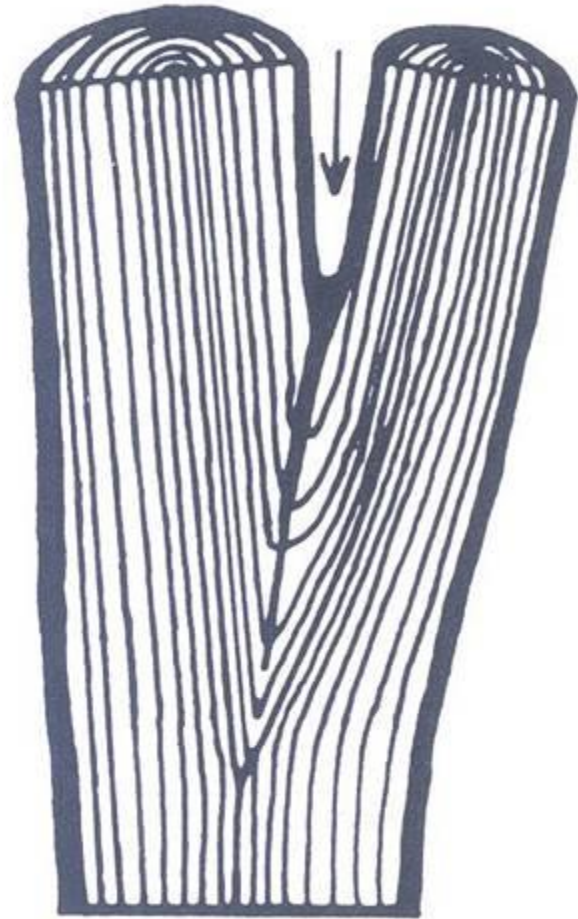


Same after fruiting in third season.

Remove Narrow Branch Angles

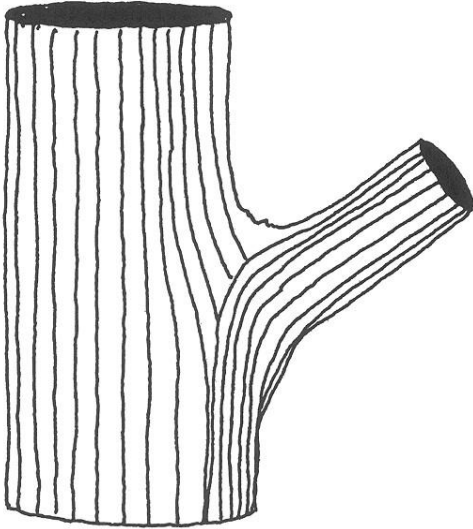


Strong

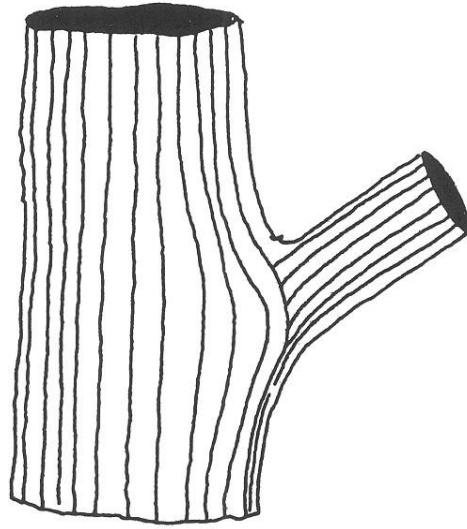


Weak

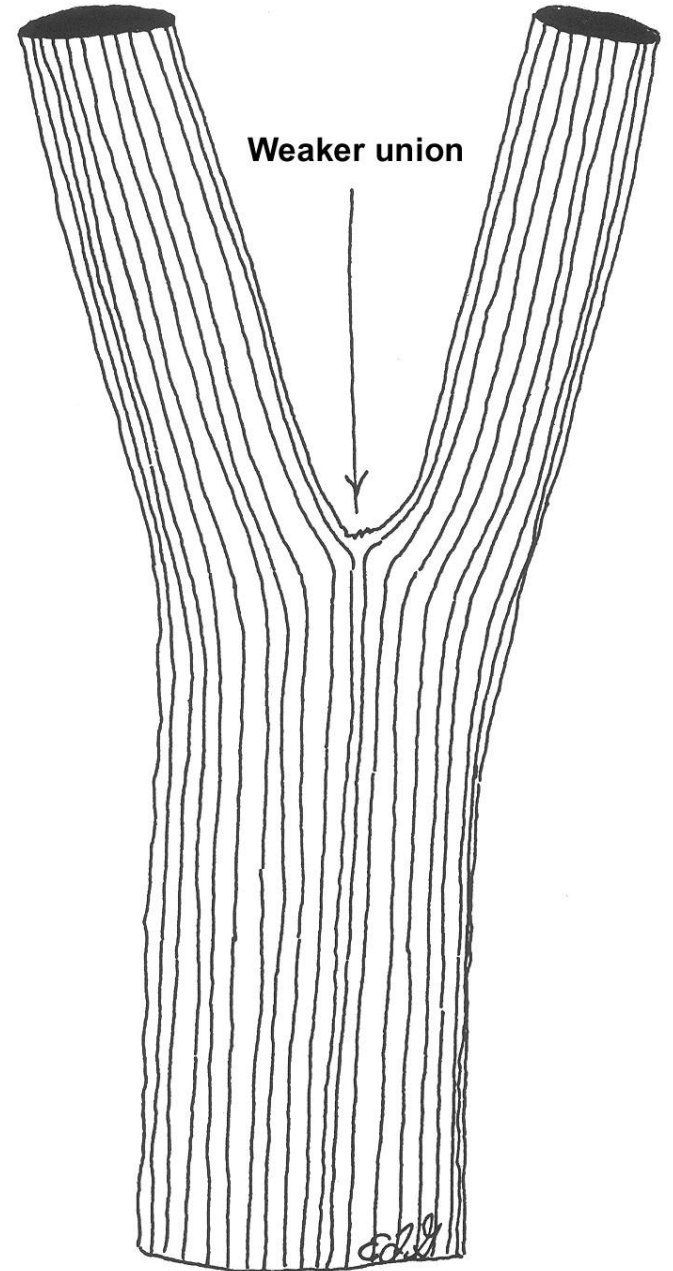
Early last year



Later last year

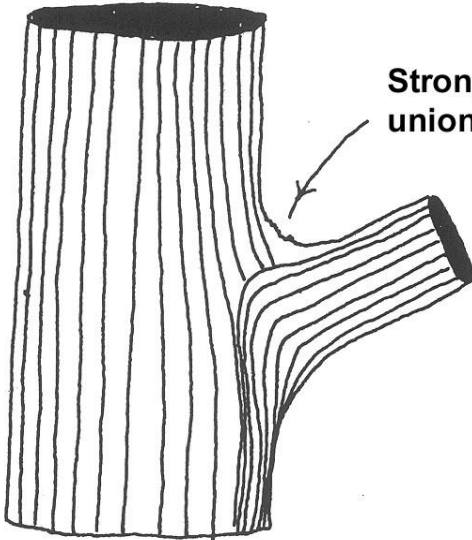


Weaker union

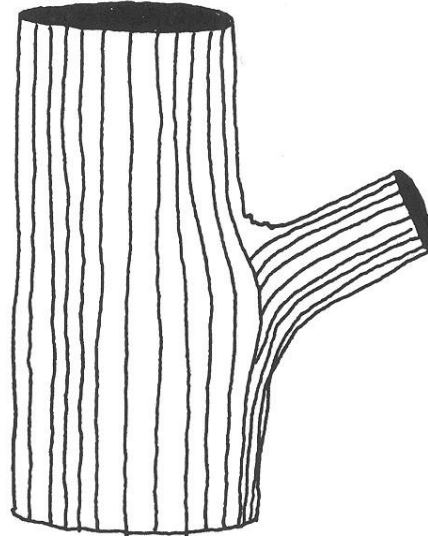


Early this year

Strong union

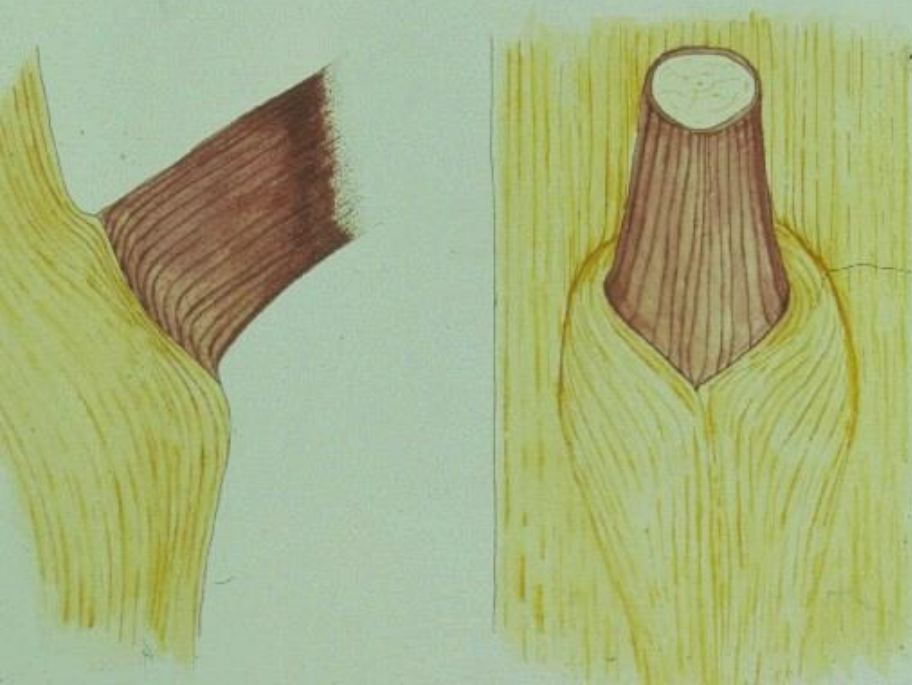
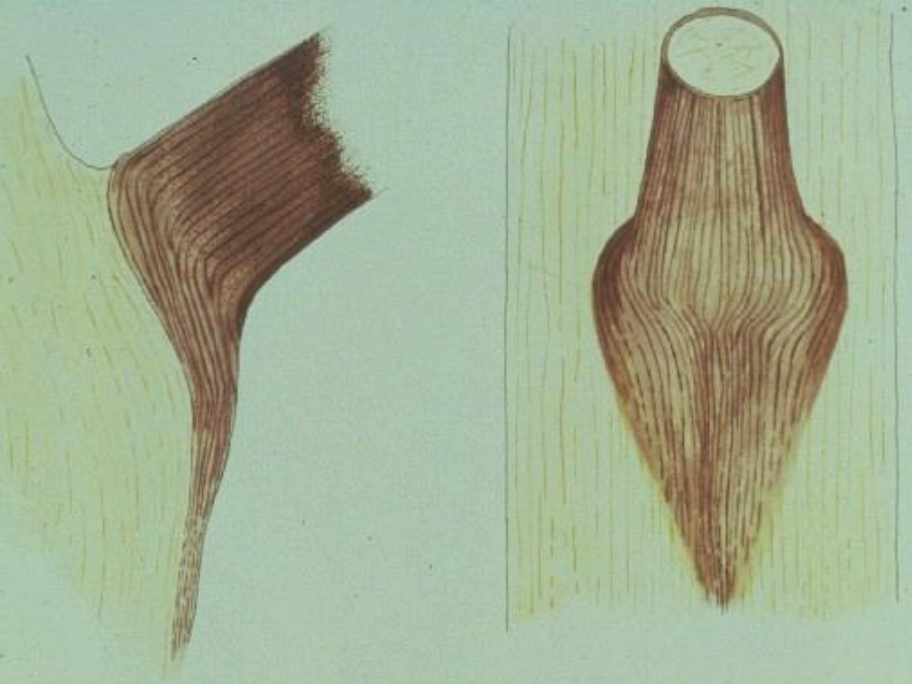


Later this year



Dominant trunk with one branch

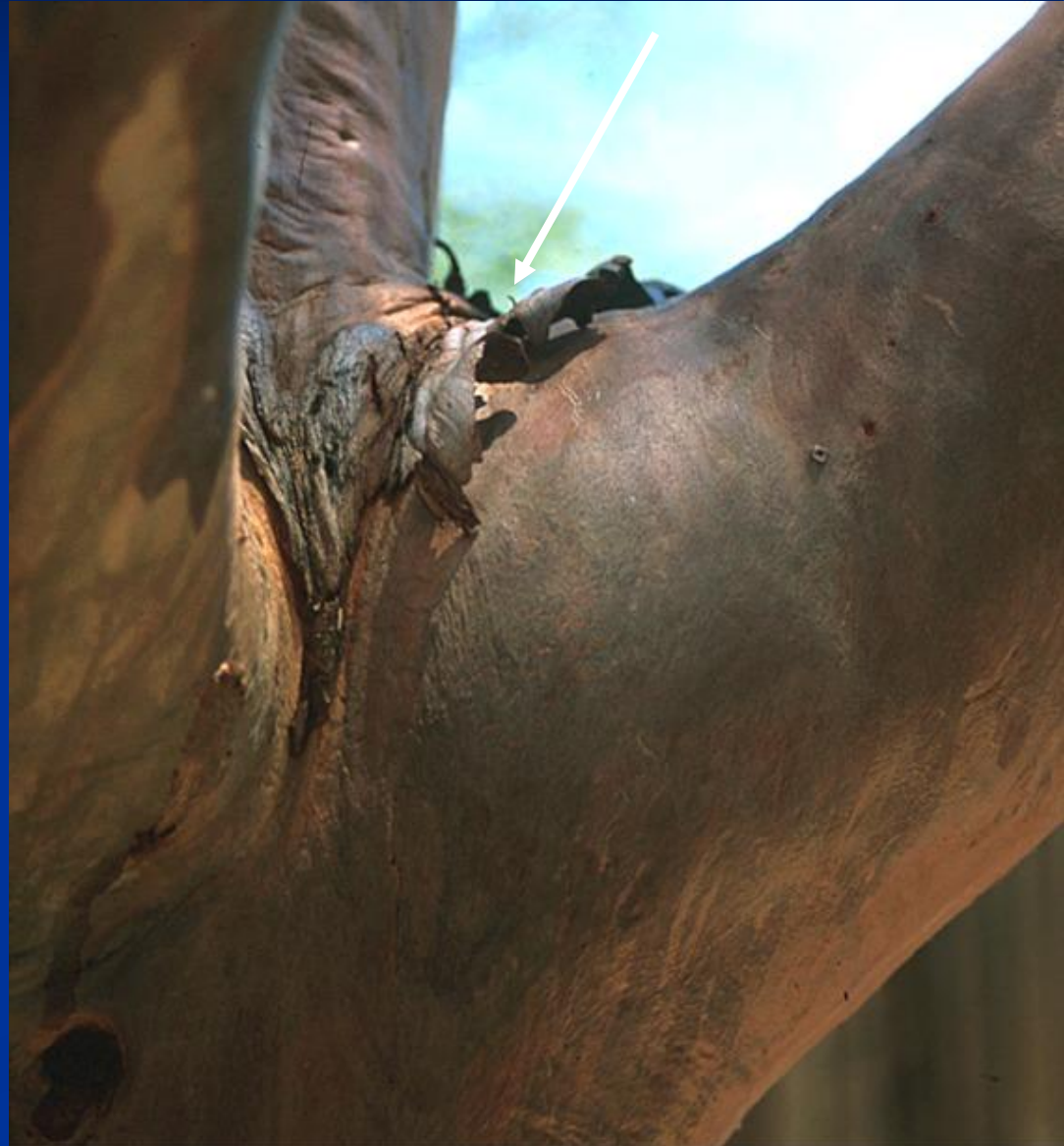
Codominant stems

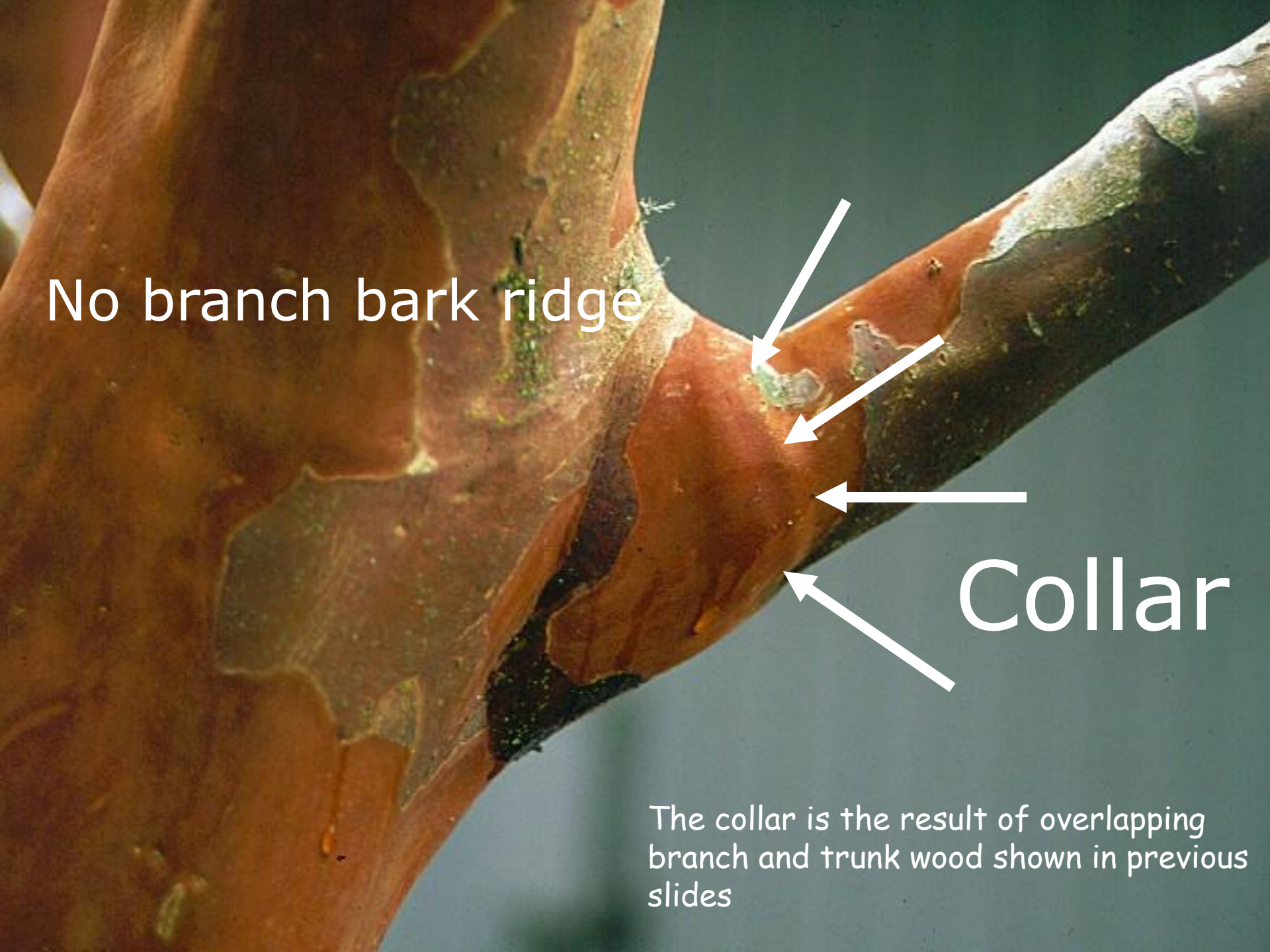


Branch bark ridge present

- Some branch unions have a prominent branch bark ridge

It is different from the formation of elephant ears because the pushing occurs only at the surface so there is always room to the outside. Unlike a bark inclusion, there is no pressure pushing the branch from the trunk.



A close-up photograph of a tree branch with reddish-brown, peeling bark. The branch is angled downwards from the top right towards the bottom left. A prominent feature is a 'collar' where the bark of a branch overlaps the trunk bark. Several white arrows point to this area. The text 'No branch bark ridge' is written in white on the left side of the image. The word 'Collar' is written in large white letters on the right side. At the bottom right, there is a descriptive text block.

No branch bark ridge

Collar

The collar is the result of overlapping branch and trunk wood shown in previous slides

Pine union



- Collar is visible as a swelling at the base of the branch
- Branch bark ridge (arrows) is visible as a dark, rough bark region on the top and sides of the union

Wood orientation at union

- Peel the bark from the union
- Note how trunk wood grows out onto the base of the branch (dotted line is edge of trunk wood)



These are weak



Severely acute angle



"Elephant ears"

Bark, that developed when the stems were smaller and had space between them, is now trapped inside the union between the stems. This doesn't happen when the angle between stems is large enough to allow the stems to develop independent of each other.

Included bark
beginning to form



Bark inclusion



Notice the branch angle.

Notice that the two stems did not connect with each other as they grew together

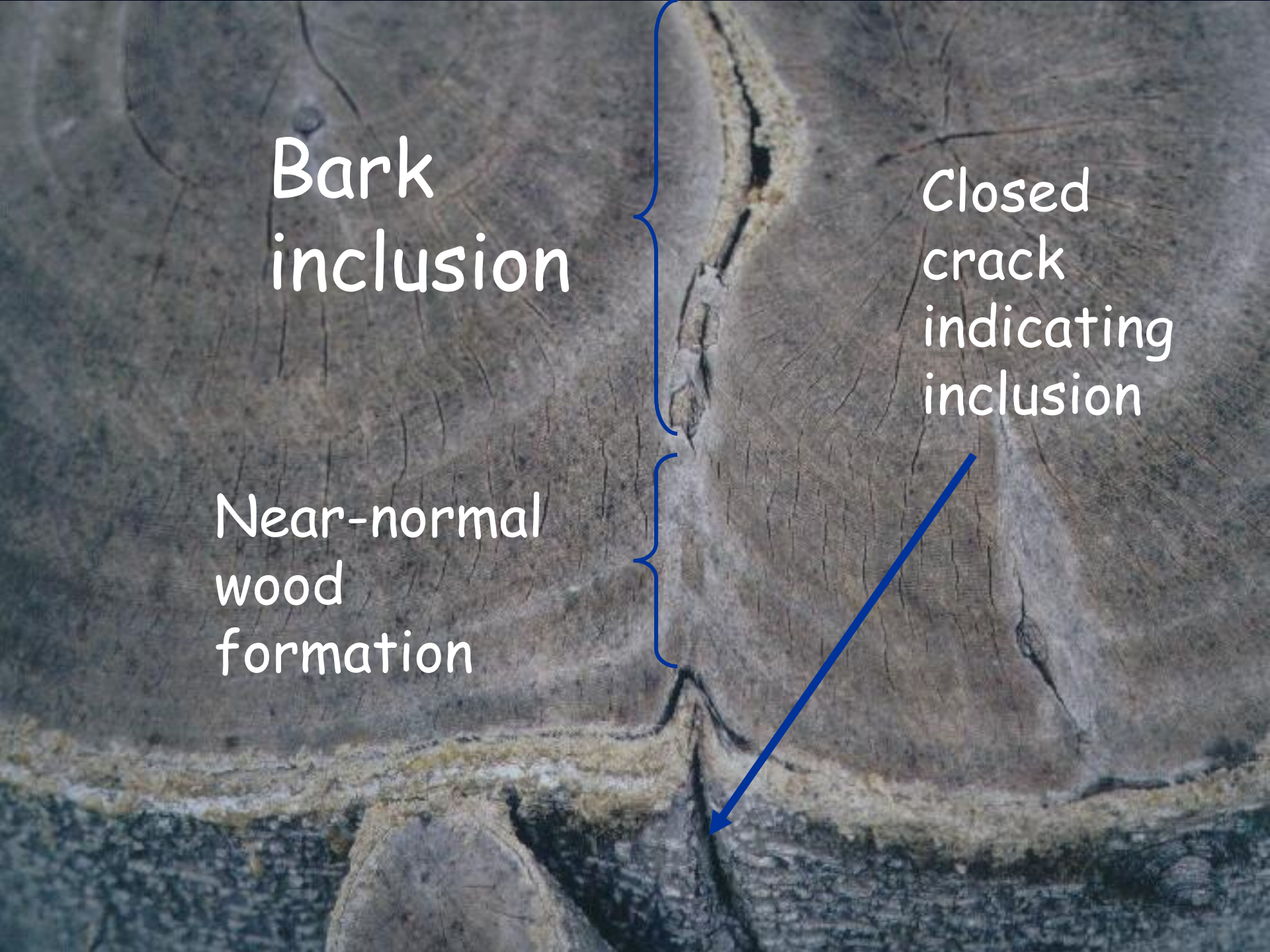
Notice that the decay and discoloration are results of the stems pressing and rubbing against each other

Notice that the narrow branch angle is a perfect environment for microorganisms because it is an area that stays moist, warm, and dark.

Bark
inclusion

Closed
crack
indicating
inclusion

Near-normal
wood
formation





Bark inclusion

Closure
crack
indicating
inclusion

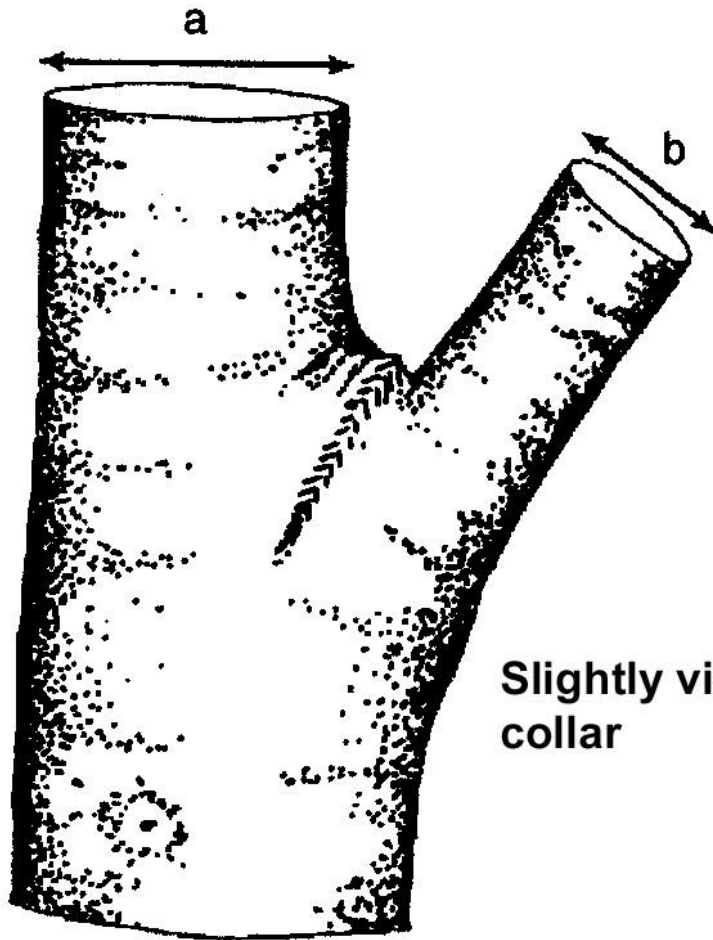
Bark inclusion
(Not a codominant stem!)



Close-up of closure crack

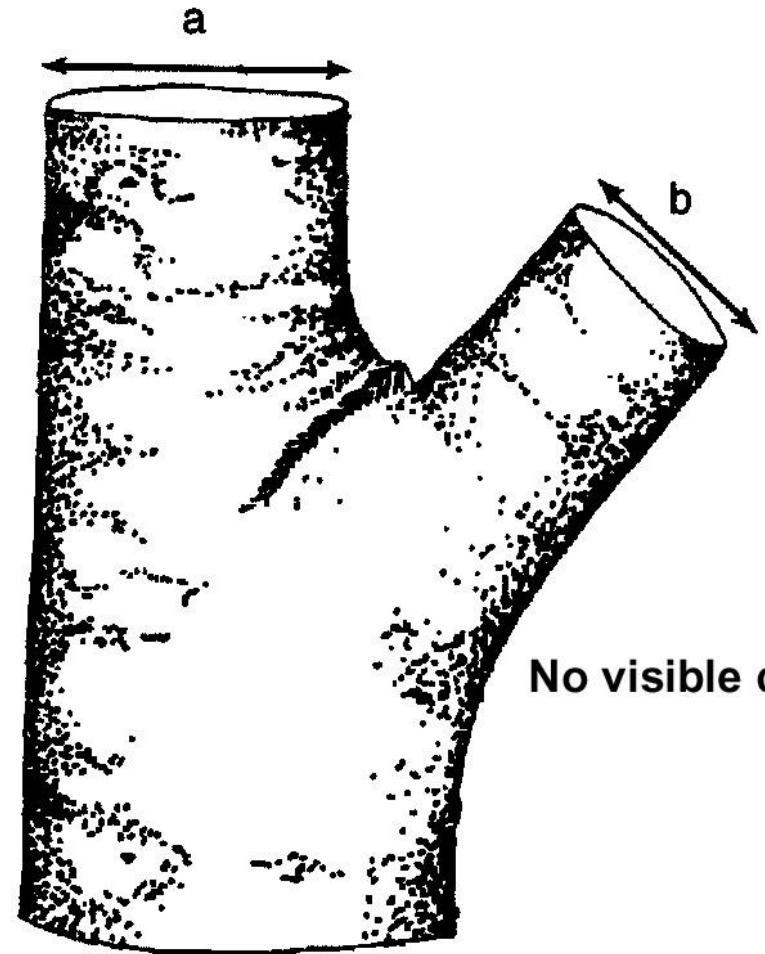


Desirable branch size



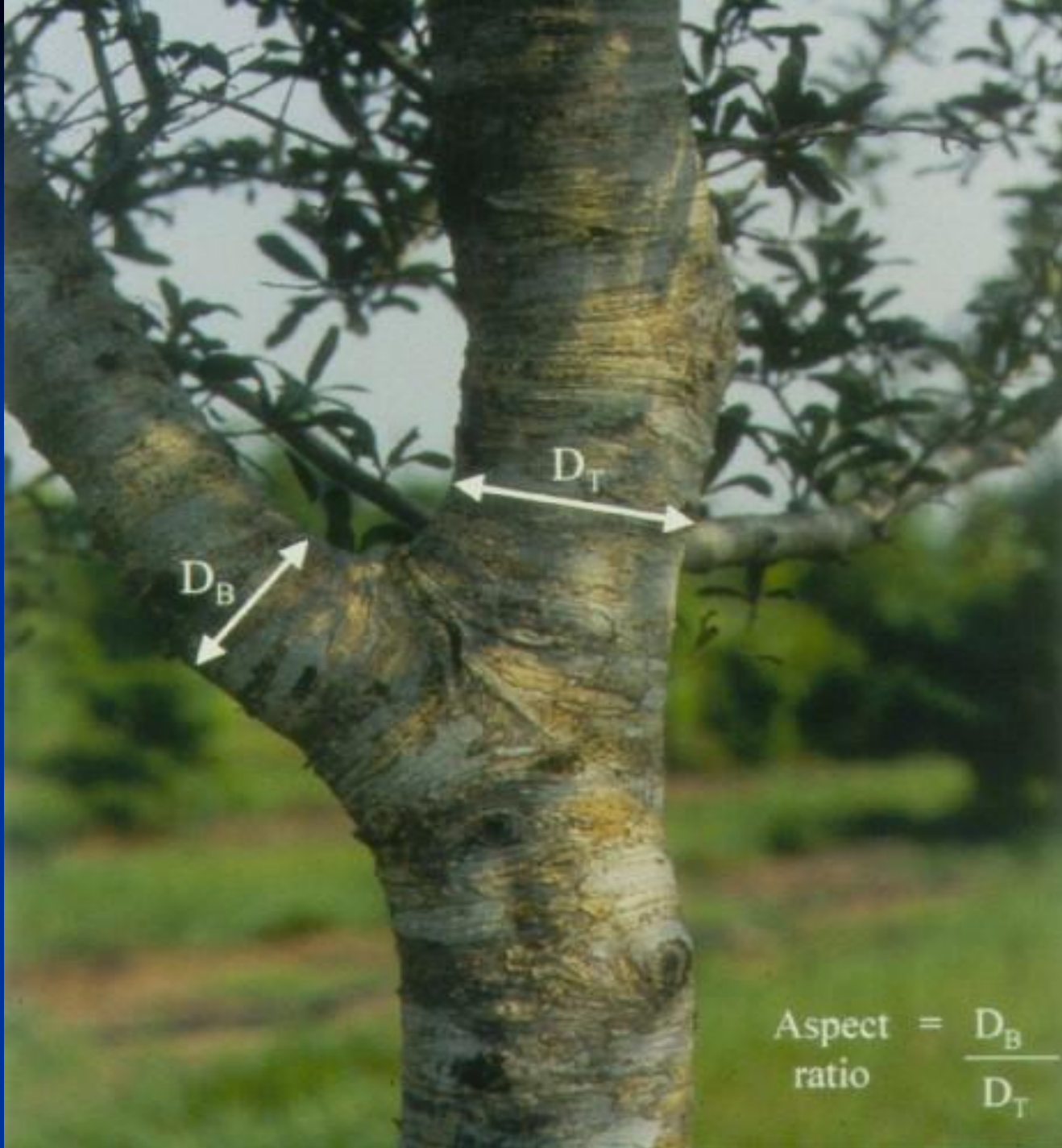
Slightly visible collar

Most preferred branch size:
 $b < .5a$



No visible collar

Preferred branch size:
 $b = .5 \text{ to } .75a$



The most desirable branch aspect ratio is less than 0.5 as was demonstrated in the previous slide.

$$\text{Aspect ratio} = \frac{D_B}{D_T}$$

Weak
union



Strong
union



Appears to be a nice tree





Close-up of base
of tree





Huge
crack

Same tree five
years later

“Fall down go boom tree”

Keep an eye on this side of the tree





“I thought I heard something
creak last night”



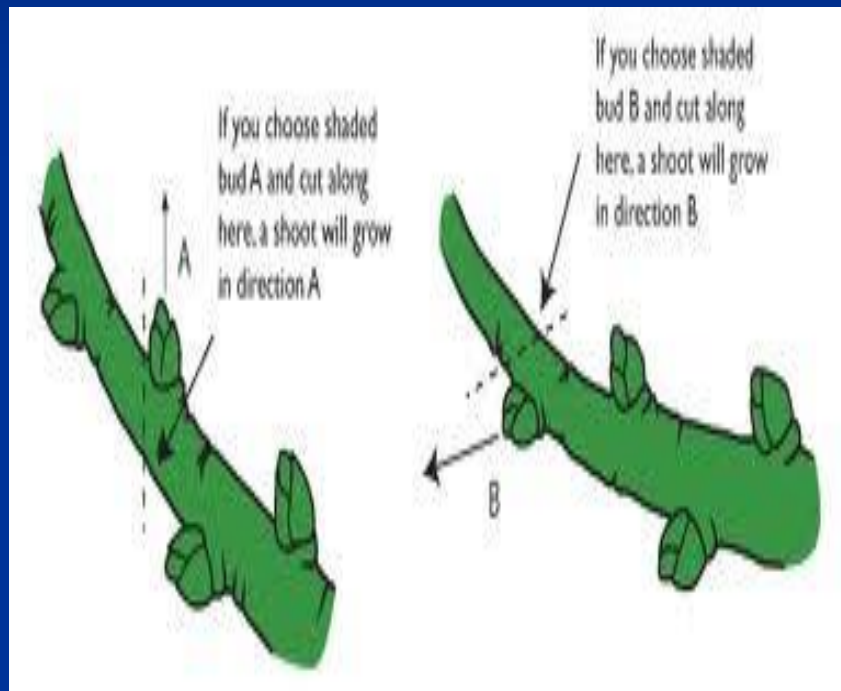
Good structure

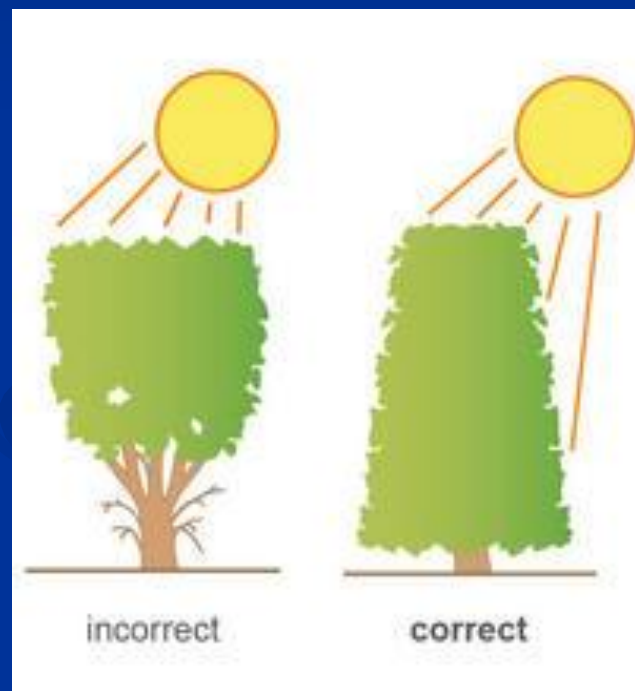
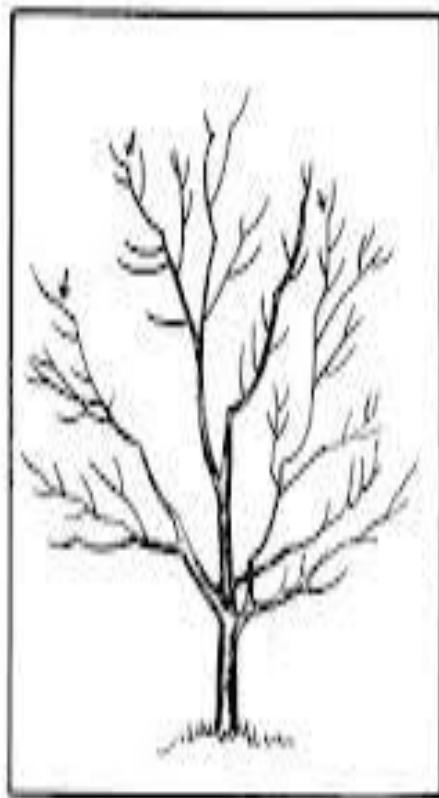
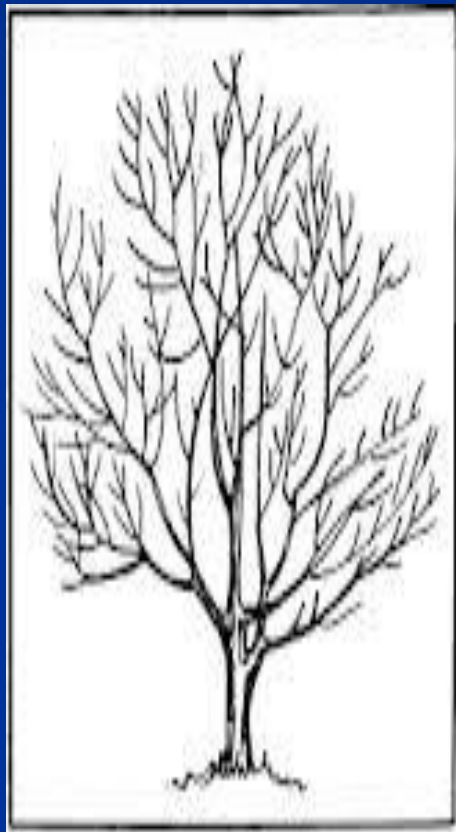


Scaffold branches spaced radially; none directly above another.

Stems too
close
together







incorrect

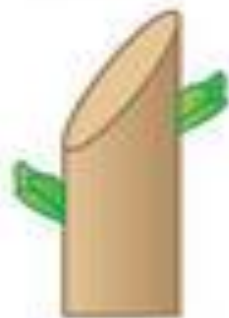
correct



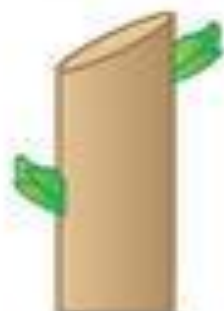
too long



too close



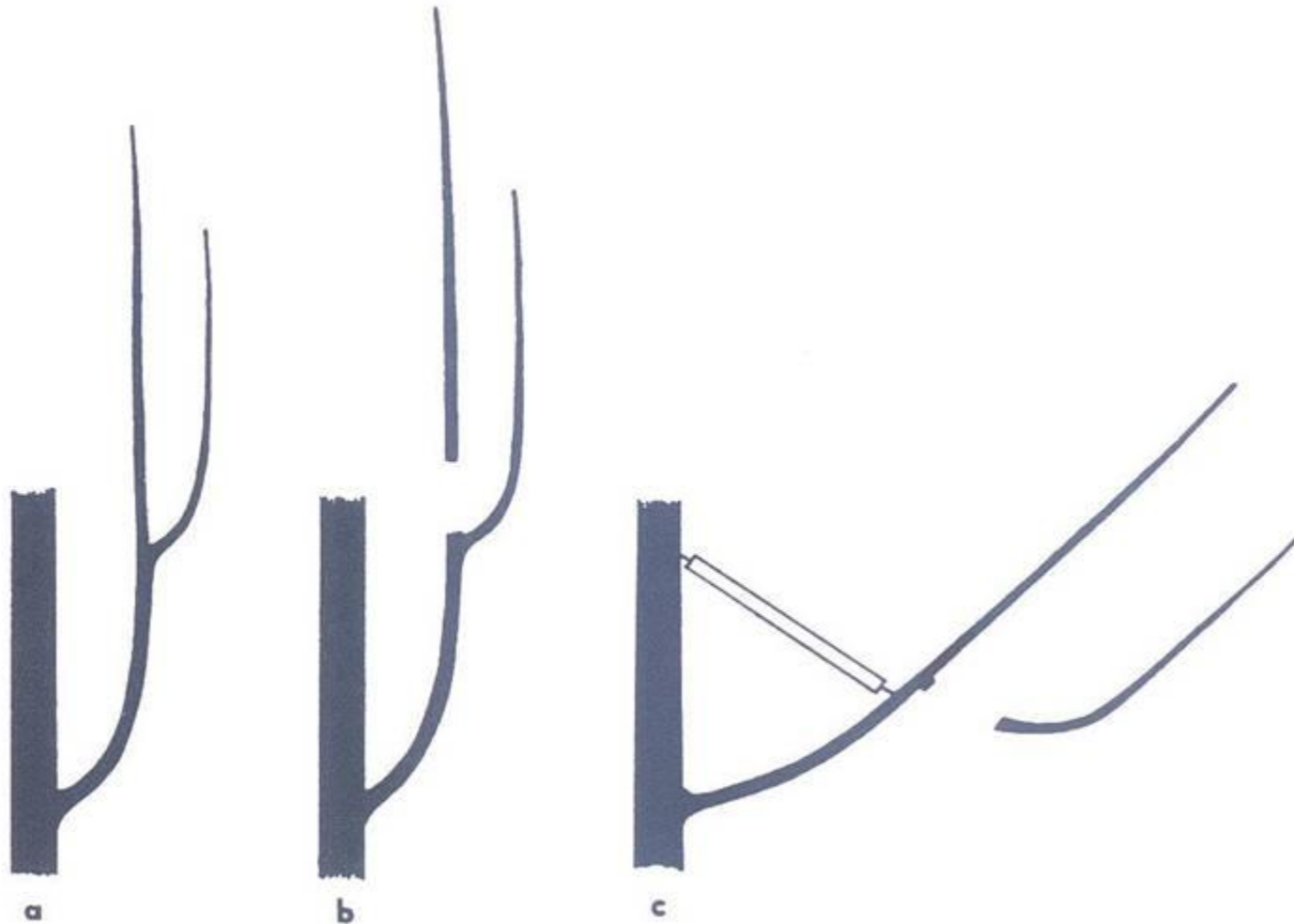
too slanted



perfect

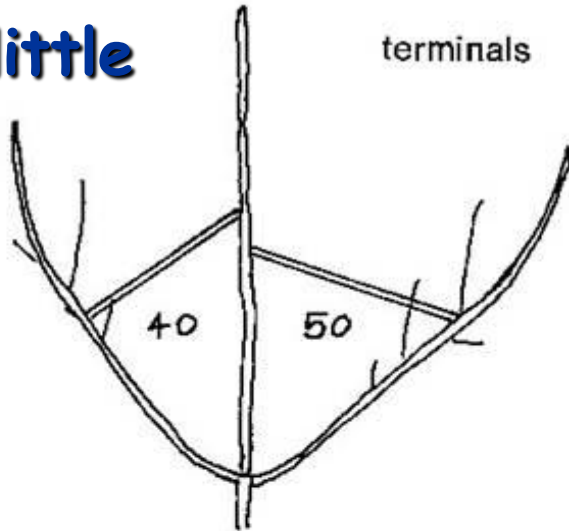


Branch Spreading

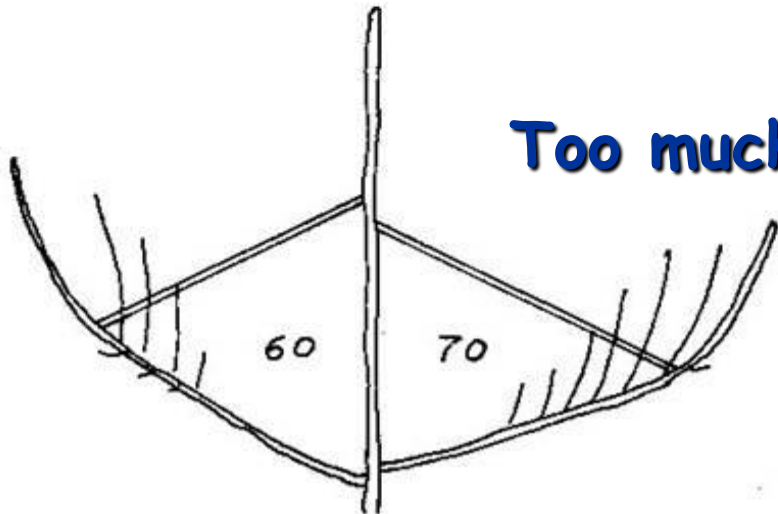


Branch Spreading

Too little



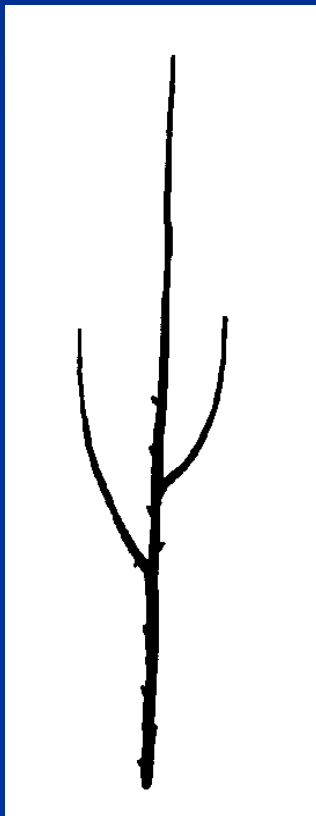
Too much



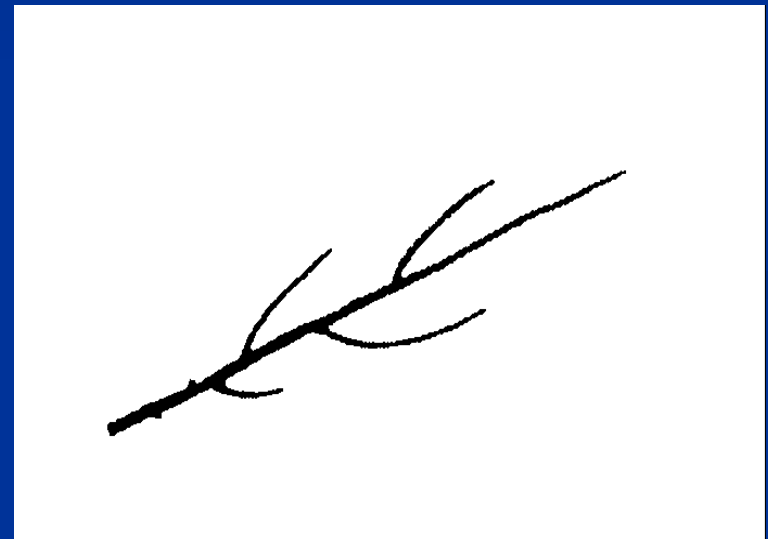
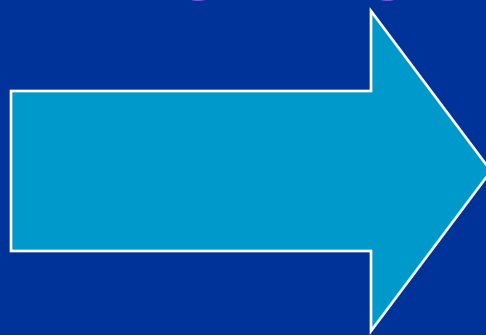
- Opens tree up for sunlight and spray penetration
- Reduces shoot and limb vigor
- Encourages flowering

Bend Branch Towards Horizontal

- Decreases amount of auxin moving from tip



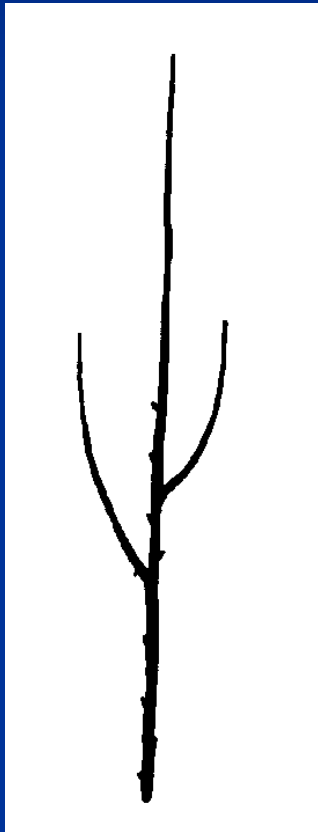
Bend to a 45 to 60 degree angle



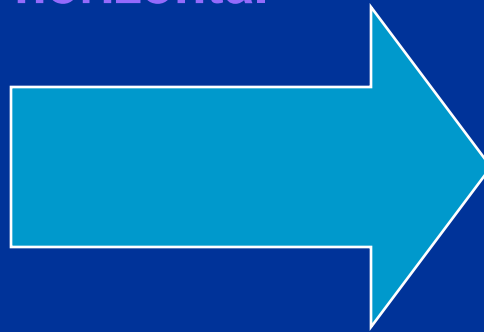
Increase lateral branching
Decrease terminal growth

Bend Branch Towards Horizontal

- Decreases amount of auxin moving from tip



Bend below the horizontal

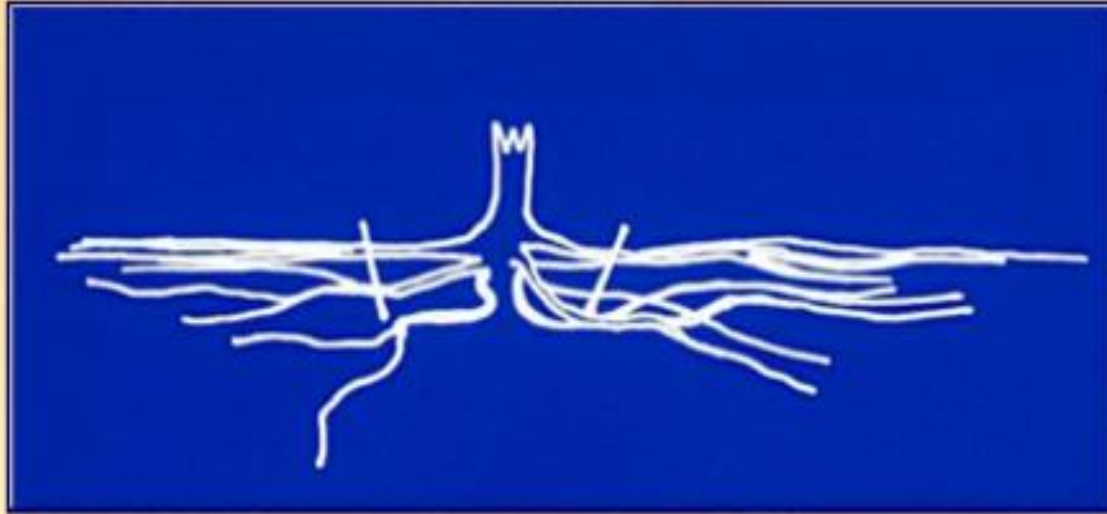


Increase lateral branching
Buds at highest point break
Decrease terminal growth

Apple Limb Spreading



Root pruning field grown trees

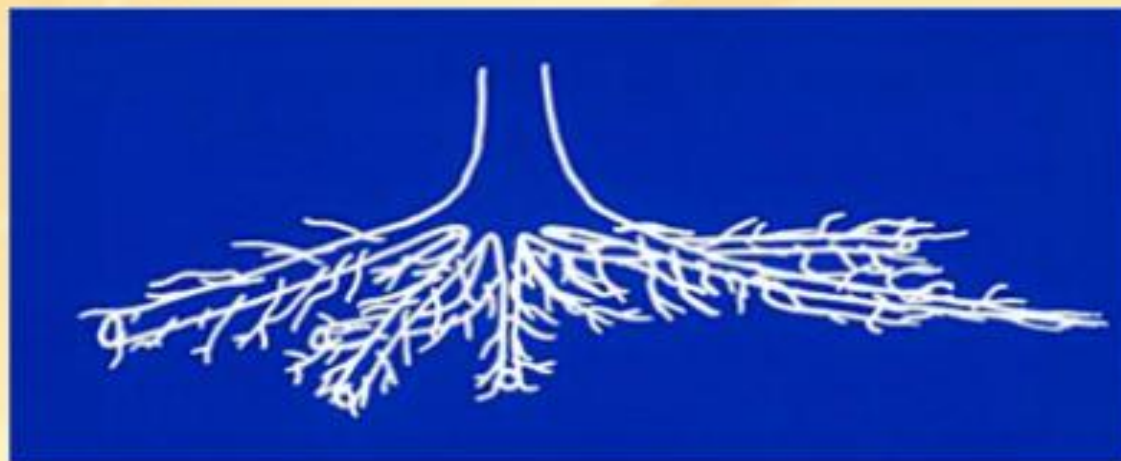


- Root pruning can increase root density in the root ball
- Pruning roots on two sides of the tree as shown above can ensure that the tree will not fall over should a storm strike after pruning

Sample root pruning protocol for nursery production

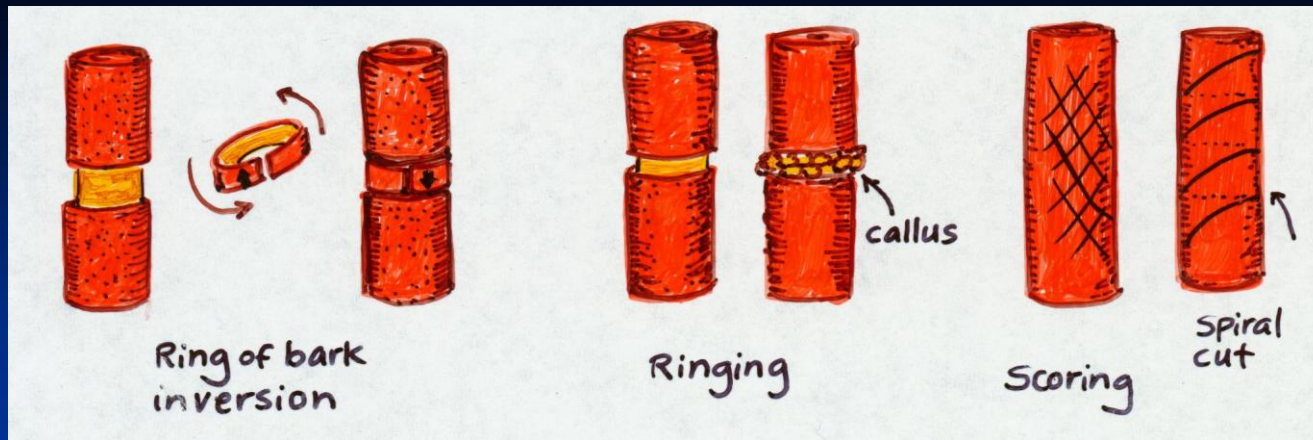
- Spade root pruning was accomplished by slicing a square tipped balling shovel 36 cm (14 in) long into the soil at an angle similar to that of a mechanical tree spade
- North and South one-eighth circumference segments (12.5 percent of circumference each, totaling 25% circumference) were pruned in April 1999 20 cm (8 in) from the trunk and East and West one-eighth segments were root pruned in May
- Root pruning was repeated in August (NW and SE segments) and September (NE and SW segments) 27 cm (11 in) from the trunk
- The bottom of the hand spade did not reach far enough into the soil to overlap adjacent slices so any roots growing directly down under the trunk were not cut

Root pruning increases root density in the root ball



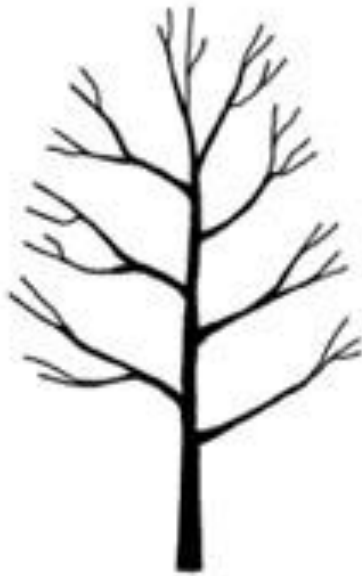
- Root pruning can increase root density in the root ball and can help prepare the tree for survival in the landscape
- More small diameter roots and fewer large diameter roots result from root pruning
- This has been shown (Watson and Gilman) to increase transplant success compared to non-root pruned trees and compared to trees grown in containers





Force bud development. Sweet cherries have a tendency toward long, bare branches, devoid of fruit. Cutting a notch through the bark to the inner hardwood just above a dormant bud often stimulates the bud to grow, a technique that can be used to encourage low, fruitful branching. Eventually these buds along the trunk and branches will die if they aren't stimulated. So it's best to do your notching early on wood no older than two years

Fruit Trees Training



Central leader



Modified
central leader



Open center or
vase shape

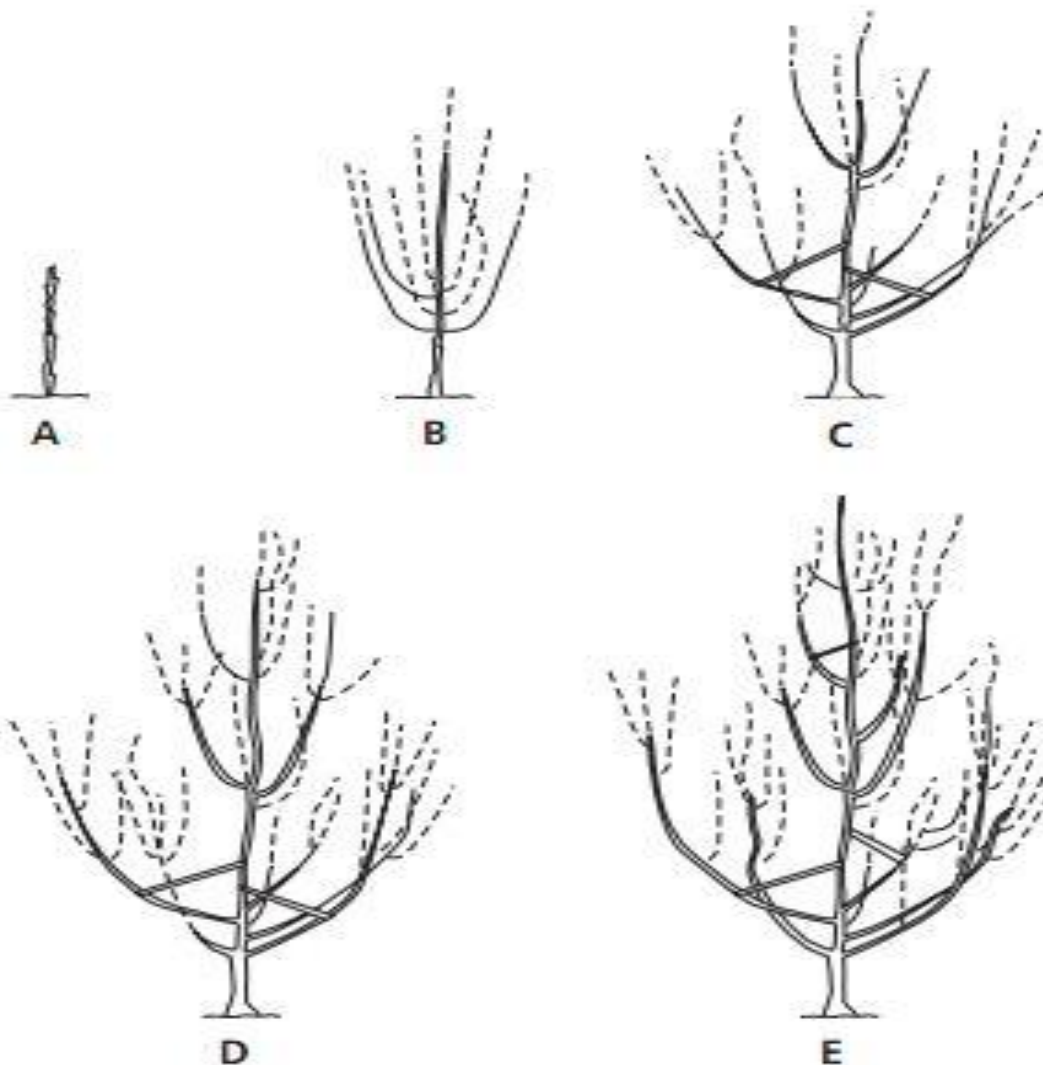
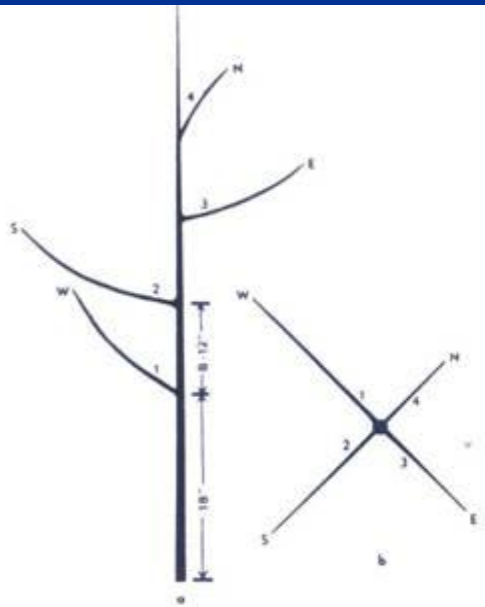


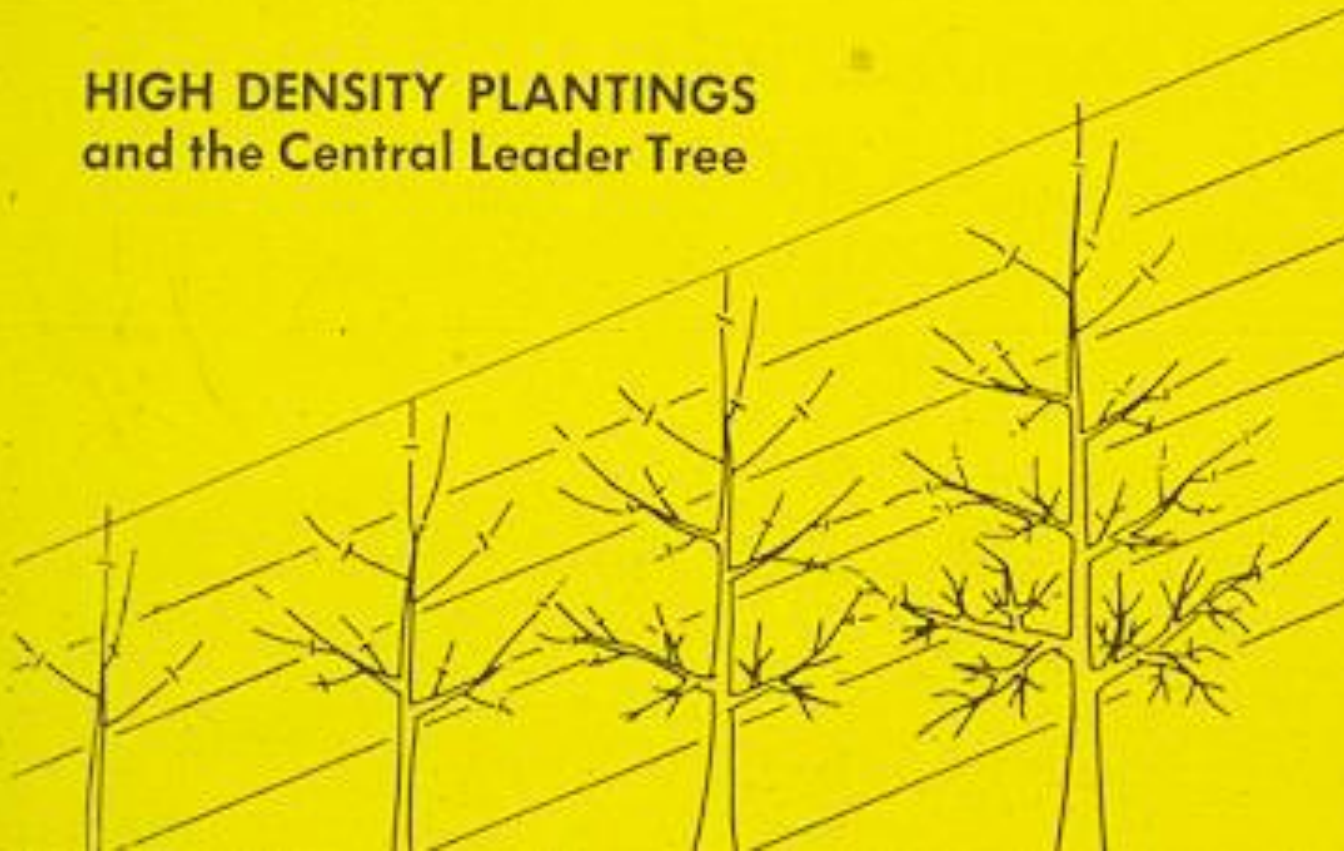
Figure 2. Central leader pruning method. (A) Bare root tree at planting time. (B) First tier of scaffold branches and reestablished central leader. (C) First tier of branches staked into desired position as second tier of branches is established. Branches developed in the third (D) and subsequent (E) years are spaced evenly around and up the central leader. Note the 45° angle of branch attachment formed by using spreading bars.

Apple Central Leader Pruning



Apple Pruning

HIGH DENSITY PLANTINGS and the Central Leader Tree



1-year-old section. Remove all competing shoots. Head back terminal shoot.

2-year-old section. Remove the strong. Leave the weak. Tip all shoots. Spread where necessary.

3-year-old section. Remove forked branches to a single leader. Tip all shoots. Spread branches.

4-year-old section. Remove forked branches. Tip terminal shoot. Spread branches.

5-year-old section and older. If tree has filled allotted space head back where necessary into 2-year-old wood.

Avoid heading cuts into 1-year-old wood until tree is fruiting well.

Heading on spur type trees is even more important than on standard types in order to keep them growing vigorously. They tend to set flower buds even on vigorous terminals. If these are not removed, very little vegetative extension will be obtained.

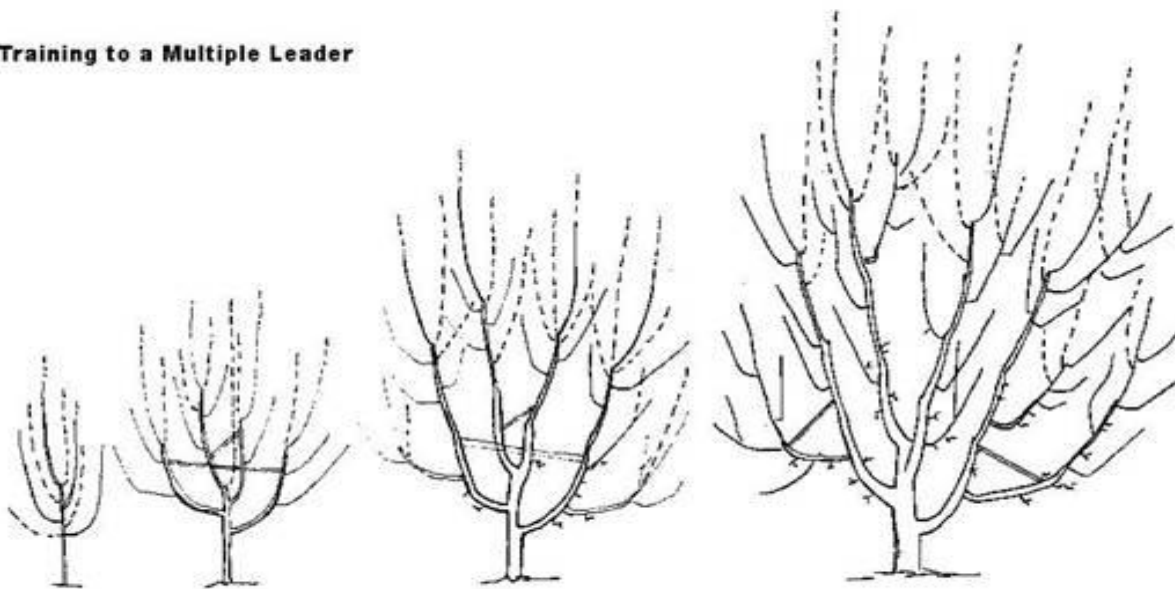
On high density plantings suggest the tree rows be planted North and South for best fruit color.

Central Leader Tree

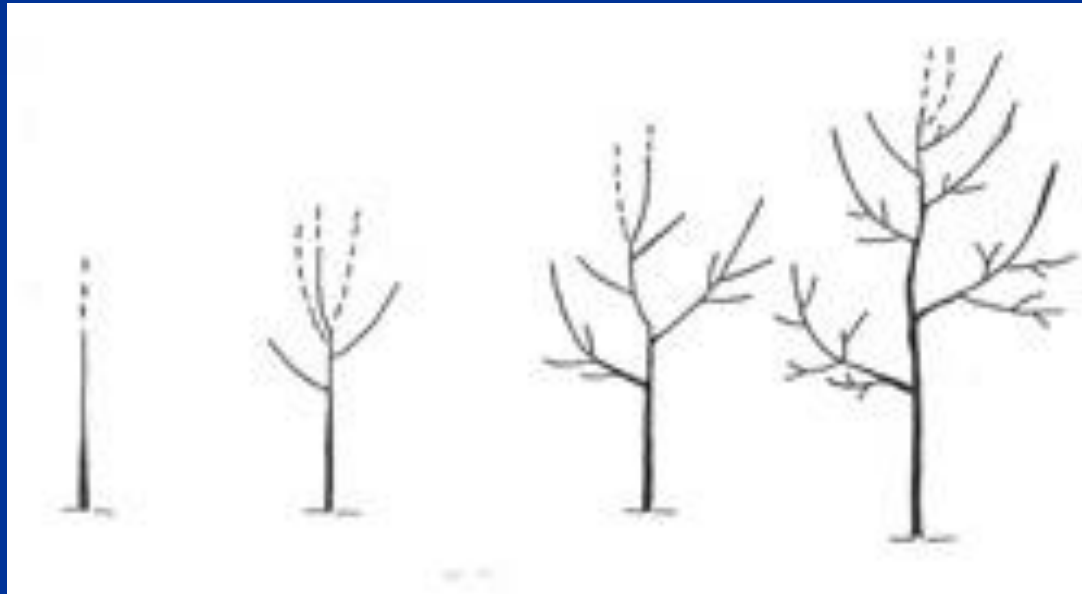


Pear Pruning - Multiple Leader

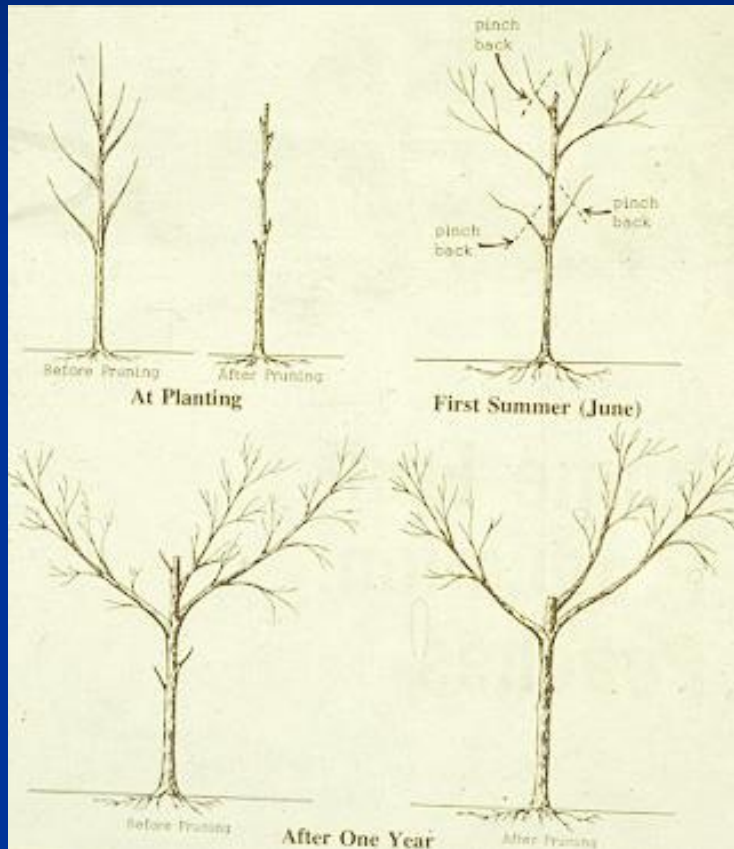
Training to a Multiple Leader

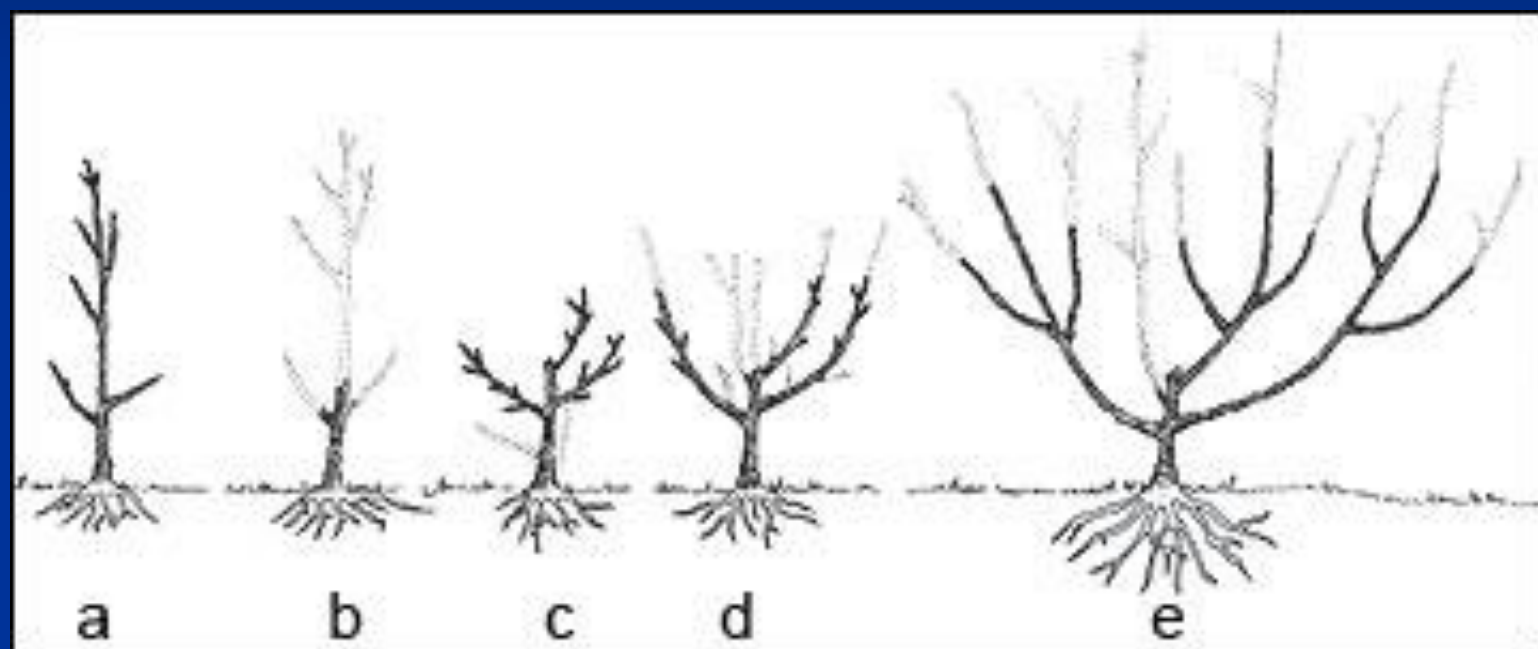


Modified leader

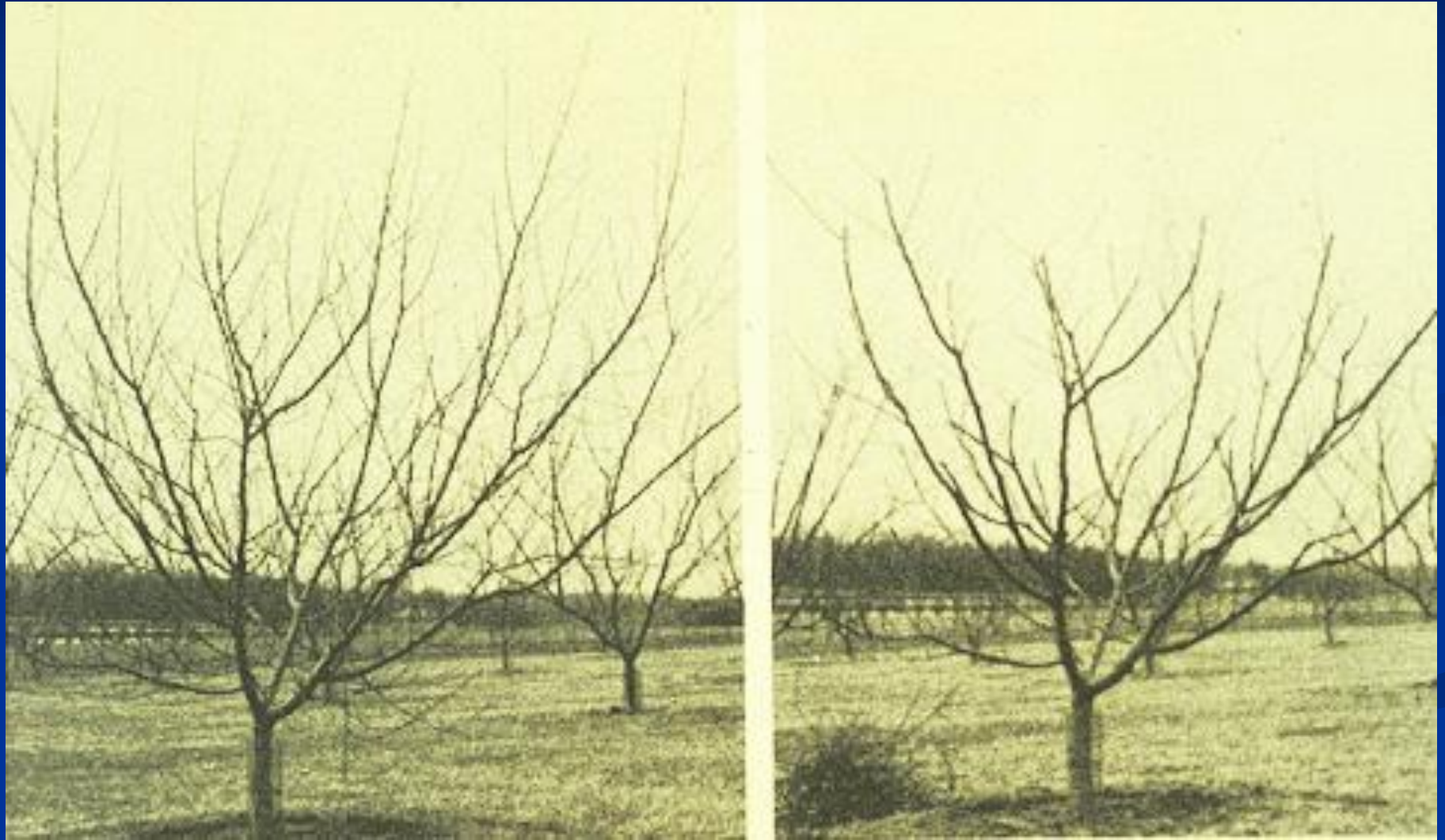


Peach Pruning - Open Center or Vase





Peach Pruning



Peach Pruning



Peach Pruning



Peach Pruning



Table 1. Fruiting wood characteristics and pruning of fruit trees

Type of tree	Location of fruiting buds				Spur life (years)	Type of training system	Amount of pruning for mature trees
	On long shoots		On short shoot or spurs				
	Laterally	Terminally	Laterally	Terminally			
almond	minor	—	major	—	5	open center	light (thinning)
apple	minor	very minor	—	major	8–10+	central leader, open center, or modified central leader	medium
apricot	minor	—	major	—	3	open center	heavy
cherry, sweet	minor	—	major	—	10–12	open center	light
fig	major	—	—	—	bears on 1-yr and new shoots	open center or modified central leader	various
nectarine	major	—	minor	—	1–2	open center	heavy
peach	major	—	minor	—	1–2	open center	heavy
pear, Asian	minor	very minor	—	major	6–8	central leader or open center	medium to heavy
pear, European	minor	very minor	—	major	8–10	central leader or multiple leader	medium
persimmon	major	minor	—	—	bears on new shoots	modified central leader	light (mainly thinning)
plum, European	very minor	—	major	—	6–8+	open center	medium
plum, Japanese	minor	—	major	—	6–8	open center	heavy
quince	major	minor	—	—	bears on new shoots	central leader or open center	light (mainly thinning)
walnut	minor on young trees	major on young trees	minor on mature trees	major on mature trees	8–10	modified central leader	light (thinning)